## 100% Bliss\_Part 2\_Transcript

Welcome to 100% Bliss. Hi everyone. How was your week this week? Please sign in and let me know who's here. I'm so excited to get the day started. We're going to be doing a blueprint activation. We're going to be working on your cellular joy which is going to be amazing, amazing, amazing. So it's going to be an extraordinary today.

I'm excited. Our class size doubled in the week, so welcome to all of you newbies. I hope you've had a chance to review Session 1. That was an important session. And doing the homework for Session 1 is very important to. We're going to have an amazing day today.

I see Sharon has signed in, and Servina, and Cindy, and Janis, and Gayle, and Melissa. I know lots more of you are already here. There's probably some people on the phone lines at this point too, so just welcome to everybody. British Columbia and Maggie, hi.

Okay, so we're going to get started. We'll start with a blessing. Welcome Sevigne. Very good. Nice to meet you. So today's training, did you know the human blueprint was wired with pleasure in every cell. It's true. And eons again, this was shut off. It's still there for as a spiritual influence at this point and in our training, I will go into the human blueprint today and turn the pleasure mechanism on for all humanity. And we'll activate it in all class members. Our process will include regeneration of the pleasure center of all cells in your body. So it's going to be an amazing, extraordinary, wonderful day.

Okay, the opening blessing is one of my songs, 'In the Stillness.' We're going to sing it three times through and then we'll end with I am, I am.

[Singing]
In the stillness, In the quiet
In the open heart, there I am
I am essence, I am breath
I am light of God, I am, I am
(3X)
I am, I am.

Beautiful! Welcome to that stillness, the openhearted quiet centered place, where spirit, breathe and the experience of being the light of God, the all of everything, which is the all of us in the quantum field. I want you to be calling on that, that part of you that is the presence of The Divine as we move through our bliss training. We're going to start today with clearings, so let me just review. You can start pumping now for the clearings in amplification, perception and then looking at the areas of the blueprint affected. So

we're removing blocks and programs to experience cellular joy, on-going joy in the cells. We're going to do a nice, profound clearing here with this process.

And then the next process is going to be restoring the pleasure to the cells in the blueprint. So that will be the next process. And then we'll be looking at pleasure and the emotional, and we'll be doing a clearing for mindset and emotional field for more daily pleasure. We've got an amazing class today.

So everybody is now doing the quantum pump and you know what, I forgot to do my little review. Let me slip back here on the quantum pump review for everyone. But for those of you who know the quantum pump, you know what you're working on, we're clearing that whole page that I showed you, so you can start pumping right now. We're going to be doing the quantum pump, the basic pump. The hand is at the side and the hand is moving forward. This is the quantum pump. You can do the double pump if you want to do the double pump. This is what it looks like from the side. This is what it looks life from the side. So your hand is about maybe 6 to 8 inches away from your shoulder. Your elbow is staying down at your waist and the hand is just dropping forward. See how that's flailing forward? It's kind of flapping. It's kind of a like a reflex. It's not this. This is going to do exhaust you in a matter of minutes. So if you're making a fist and you're opening it up and making this and opening it up, you're using a lot of muscles, and ligaments and joints and all of that. It's very simple. It's just kind of flapping it forward. It's a reflex. It's like that. It's more like that. (laughs) I'm in a very good mood today. I'm making myself laugh, which is good because we're in the Bliss Class and we're supposed to be in a good, happy mood, right?

Alright, so that's the quantum pump. Remember that you can do the quantum pump with your right or left hand. The right hand tends to be a little stronger, but you can do it either hand. You can do it with your feet too. With your feet... It always goes dark, so see how bright it is right now and the minute I stand up, it goes dark. But if you were doing it with your feet, your foot is just pumping forward. It's just your ankle pumping. So if you need to switch over to an ankle pump where you're pumping the foot or two feet, it's more for playfulness and fun, but it is effective. I think I get that it's about 70% effective. Oops, one more. The side pump. If you're walking or if you're at a restaurant, it's kind of more of a flutter. It's kind of like that. It's kind of a flutter. If you're walking or you're sitting at a table in a restaurant, you can keep clearing yourself while your chatting with people. You can keep the movement going. That is effective. It's not 100% effective, but it's affective. So if you're out on a hike and you have your hand down at your side and you just have that flutter going, people don't really notice it and you can actually get more hours in that way. So it's the discreet quantum pump.

Alright my dears, let's see. Heather, hi Heather. It's nice to see you here on the call. Okay and then we're going to go back to... Oh, sorry. Cancel that. We'll have to do muscle testing too. I'm just so excited to get right to the work; I'm skipping our important review, but I know some of you are already really pumping away. Hopefully all of you have been pumping away at this point.

Muscle testing is done with the right hand and the right extend finger. If you have a different way of muscle testing, use it. This is just when I was looking at how do I teach this masses and it occurred to me that obviously everyone isn't a clairvoyant or a seer, how are people going to get their information? I decided that muscle testing is going to be the way that everybody can do it. Now if you have challenges with muscle testing, you've tried it and you haven't been really successful, we do have a Muscle Testing 101 Class coming up in the fall. In the meantime, if you sign up for the class, you'll get the worksheets, the clearing sheets and you'll get some little video demonstrations to get you started. So if there are clearing sheets, if you have muscle testing problems, there's very likely aliens interfering with your muscle testing. So we give you the charts on what to look for and how to clear it. But the muscle testing 101 is going to be great. I hope all of my students come in to that class. It's very inexpensive and it really is just getting everybody on the same page of muscle testing.

So right hand, ring finger, pushing down. I'm Julie Renee will hold true because that is true and my muscles know what's true. It tells me what's true and what's false. I'm Johnny Cash. Johnny Cash, no. I'm Dolly Parton, no. I'm Julie Roberts, no. The toasted rice and green tea that I'm drinking is good for me. It's good for me. 10%, 20%, 30%, 40%, 50, 60, 70, 80, 90, 91, 92, 93, 94, 95. It's 95% good for me. I've had some organic, toasted rice and green tea that's just heaven to drink in the morning and then it tested that it was 95% good for me. So you see how you can do it with numbers? As well as just a yes or no answer.

Muscle testing was defined by a chiropractor in 1976. Of course it's been around forever because our bodies can tell the truth. But somebody actually defined it and created that kind of a science. A chiropractor did that. And I think chiropractors use muscle testing to help... There are certain chiropractor styles that use muscle testing. Kinesiology, they call it, to tell what's going on in the body. And then why the quantum works as we're pumping... I'm going to put that back on the screen so that we're making progress on our progress today. The quantum pump works because there are two types of physics. There's Newtonian physics which is like relativity and the apple falling from the tree and what you see if what you get. And then there's quantum physics and quantum physics says that we are all part of a field of particles vibrating and based on how those particles are vibrating, you might get a person, or a flower, or problem energy. When we're

pumping, we're rearranging how the particles are vibrating so that they're vibrating in a better situation for you. We're just taking control basically of our field and of those particles vibrating, how they're vibrating, how well they're vibrating for us, and we're shifting. So we're using a thought, so we think what the mind thinks and believes it will accomplish, or we think a thought, we direct it to our pumping, to the quantum field. The pump itself gets you up into the pleasure field and even if you're not in the pleasure field, you're going to effect change rapidly by using this tool. This tool takes you up into a higher frequency. That's why the quantum pump works.

And then we're going to pop back down to our clearing page. Let's go through some of the details of the clearing that we've already been pumping on for a few minutes. We're clearing amplification, Lucifer stops, bloodline, soul contracts, satanic curses, evil spirit curses, timeline, alien type 4, 6 and 8, holographic inserts, implants, permeations, demons, portals, transmortals, permeations, nano-technology implants, and holographic inserts. So I went through and I just tested all of what's in amplification and spiritual parasites and found that there was a lot interfering with cellular joy. That's in amplification and that would be where we look to clear that. In perception, group mind, group mind virus, miasms, which is a miasm by the way, so this is one and the same. Group mind virus is a miasm. I'll put a little dash there so it's more apparent. Okay and then curses, black magic, trauma, timelines, agreements, DNA, and all of the DNA. So the DNA resets, if you have DNA from another, you want to clear that. And then looking at the areas of the blueprint that are affected, that reduce cellular joy. So where there might be anchors or spiritual parasites or curses or whatever, we see the areas of the blueprint being perception, essence, matter and energy, so all the main four parts of the blueprint. And then in the realms, the only one that really isn't affected is Genesis. Embodiment, quantum and amplification are all also affected. So when we look at this, it's a big picture. It's really a significant alteration. (laughs) That's so funny. I don't know if you heard that. That was my cell phone. The Siri mechanism came on and said she didn't understand what I was talking about. (laughs) I don't know what that means. That's so funny. Oh, it's a funny morning today.

So, this is what we're doing. We're removing and we're pumping. We're going to pump for about 22 minutes it looks like to really clear all of this. I'm happy to hear from you. Did you have any shifts or changes this week? I know we did some nice clearings last week. Did you notice you being more available for laughter? I actually had a really tough weekend, but I'm really committed to this experience. This is very interesting. Yesterday, I found myself laughing quite a bit, and today, I've been laughing all morning. So understand that you can really be in charge of what's going on around you and you can bring that joy back into your body quickly, even if you've had some difficult experience. And for those of you who don't do Facebook, I just wanted to let you know, I

had a baby, a girl coming to me. She is no longer coming to me. Her mom wanted shared custody and wanted me to keep a journal every day if she had a runny rose or a scraped knee, and she wanted me to introduce her to my friends as my girlfriend. And it started getting so that she wanted to be part of the family and she's just not the energy or spirit that I would really want to welcome into my home on a daily basis. So very sadly, we both had to come to a decision that it wasn't a good match, even though the baby was perfect. So I had a few sad days over Mother's Day and the weekend and Monday when I officially heard that she had pulled out.

So with that being said, how do you maintain happiness and bliss or get back to it quickly when you go through something sad? I definitely had moments where I was teary and I was talking to my friends and saying what I really wanted to create and reaffirming that knowing that the divine is helping me get exactly what I need. So if I had brought this woman into my life, I would have had drama for 18 or more years on-going every day, probably. So I think one of the things you have to look at is what's your energy and what's not your energy. And one of the things I noticed was the mom was really, really in my field and my body and was corded. So by taking the cords, I'm removing her from my field, my body, my aura. I was able to get more of myself back. I noticed that she must be ruminating or thinking about me a lot because she was back in my field again this morning a little bit in my body, and so I just cleared her out again. So if somebody's upset with you, or longing to be with you, or there's some problem energy, they may be projecting their emotions into your field and body. And then for me, I got really certain that I know that the right circumstances is coming and that if I would bring a lot of happiness and joy in and do what I didn't do before, I cleared really this perfect baby in. This baby's spirit was so important. But I didn't think about clearing the law firm or the perfect mom. I didn't really take it into account that that would be part of the equation. So that's one of the projects this week is to clear out any legal interaction or firm or anything that's involved, that's an entity. And entity meaning a corporation or people involved in the business aspect of it and then also clearing the person who would be carrying the child, that she would be aligned with my vision of family so that she would support that vision of family. So those are two things that I could see that I could actively shift and change.

Honestly it's been really amazing really amazing. And then allowing love in, if you're going through a difficult time, you allow love in. You go through the grief because obviously the body needs to grieve and feel sad and let go and then reboot. And maybe grieving doesn't have to go on for weeks. Maybe grieving can go on for 4 days and you can get back up on the horse and say, I know I'm a radiant being of light and I have incredible ability to create, to create sustainable loving joy and happiness, and bring in exactly what I want to manifest. And sometimes it's fine-tuning with bloodline, and clan,

and DNA and things like that, and be having permission to have someone support the process of what I want that wasn't there. So it's a journey, right?

Let's see. I see a question from Heather. "Is joy connected to strength? I'm feeling more joy since the essence is fully back and I'm certainly more me." Exactly. Yeah, joy is related to strength because when you have joy in the body, you have more power in the body, right? Because your spirit wants to be there. When you're sad, your spirit doesn't want to be there, so it's floating off into the ethers and is less connected. So the more joy, the more happiness you have, the stronger your relationship with your body, also the stronger your immune system. So understand that that's a wonderful additional result is when we strengthen joy, we strengthen the immune system. When you strengthen your inner power, we fortify and bring more of that life force then. That's because the spirit wants to be in a body that's filled with you. That's our natural state. Our national state is expansion. It's love, it's joy, it's happiness, it's the open heart.

Servina, "I'm so sorry to hear that but obviously, something more appropriate is waiting for you." Thank you Servina, thank you. And Ramana, "I had a difficult weekend as well. I know you have a divine perfect child and thank you for sharing your story. It makes us feel like part of your spiritual community and family. It takes a village." It does take a village. Thank you. Heather, "How challenging to let go. You're such a model of allowing life and affirming one." Thank you. I think it's important to say that sometimes we have moments of grief really. Like there's something that relay happens, somebody dies or something is lost that you thought was really perfect and allow yourself to feel. And then also allow yourself to look at what feelings are mine and I started looking at I had 13 miscarriages a few years ago trying to have children and it triggered some stuff so I'm going through some cycles. I mean I'm looking at everything as an opportunity to grow into my divine self, which means being certain that I am a creator. Because when you aren't certain that you're a creator is when you doubt yourself and you go into a prolonged experience of grief. I'm saying that grief is important and feeling sad and letting go, that's a process but I'm just also saying that it doesn't need to take months or years in the grieve process. I see people who go into a grieve process and it's triggered because there are things in their timeline, there are cycles, there's trauma, there's karma, meaning trauma from past lives and the opportunity is to look at where are the emotional anchors. So like for me, an emotional anchor when I was first feeling grief was all the loss I had back when I had the 13 miscarriages. And so that triggered, oh here's another kind of miscarriage because I have gotten very attached to the baby over a couple of weeks. We've fallen in love with each other, the baby's spirit and I, and we were hugging each other in my bed and talking to each other. I had that little baby's spirit in my arms already, so it kind of triggered that same thing I was going through with the miscarriages. Understanding that I can though let go; that I can pray for this baby that it finds some wonderful and a wonderful circumstance and I can get the one that the mother isn't going to be in my space and I'm going to get the perfect one.

And then you can look and you could see if there's some karma. There was some, I don't know. I got a kind of odd information this morning that the woman who was carrying the baby, you know if you just look, you can get information about what set this up. She actually had karma with me and owed it to me. I don't know if she had taken a child away from me but she owed it to me to bring me the child. And so I released her from any karma or any trauma or anything that she had that she owed me anything. When I saw it, I was like, oh let's clear that, so she doesn't have to keep feeling like she owes me something, but was not aligned with actually fulfilling it. And have you ever had the experience of feeling like somebody wants to give you something but they can't because they've got other things running in their mind, so they feel obligated to. It's very likely karma from a past life where they set up a scenario where they had to come back and repay you for something. So you can look at that and you can just release some from that so you can get out of that entanglement.

Yes Gayle. I have a karma clearing process which I take people through. It's removing shared energy which was the problem with this lady who keeps putting energy in my space. She hasn't physically met me yet but she's seen my video, she's seen my writing, she's talked to me on the phone. She keeps putting energy in my space. You can do that through meditation or you can do that using the quantum pump; if you want to specifically clear the shared energy. And then I checked were there any cords, and this morning there weren't. But a couple of days ago, there were four cords. There wasn't any cords today, so that was good. Contracts and agreements have been cancelled and I cleared them a few days ago. But karma, I had found the karma that she had... I don't know. What I got this morning, it seems like and it's so sad, she was responsible for the death of one of my children in another life and so she was entangled (Inaudible 00:26:58) so she owed me a child. Oh, that's not the way I want to bring a baby in. The karma clearing itself is a golden ring. You'd imagine it full and then you complete the ring, drop it into a rose and then you erase the rose, so the karma is completely gone. You very likely can just... I think actually, you could clear with chopping. I don't know if the pumping would actually do because you're clearing lifetimes of karma, lifetimes of trauma and obligation. And so the chopping, this hand movement looks like it works well for clearing karma, this chopping movement. So if you didn't do the guided sequence, the guided meditation sequence that I got to take you through, you could do chopping to clear karma.

And Servina, "I had a challenging experience as well the last few days. It's possible the challenges are a way to let us know that we are on the right path in bliss and letting go

of all this. Thank you Julie for being so authentic." You're welcome. Yeah and also, we're going through metro retrograde, but I understand five planets are going backwards right now. So if there are things that are incomplete form your past, they're going to kind of mirror their heads up now and if you jump in and say, oh I want to clear that, okay I'm going to clear that, it's going to be the ideal time to clear it. But if you look at this, she had karma, she was responsible for the death of a child and I don't want that. I don't want someone coming in giving me a child because they owe me their child. I want the dynamic, beautiful experience for the mom that's so aligned with bringing a child in for me. That's something from the past that we could clear. And then the other one I was thinking was really the reminder of the sadness from the miscarriages and so I was clearing away anymore trauma or grief from miscarriages because that's not me. I had the privilege of carrying 13 children for a very short period of time. They got to be with me for a few weeks and that was the experience that was probably in divine order. I have to believe that it was in divine order. I don't need to keep bringing back trauma. I can see that there were things that were like pulling me to look at the past and resolve the past.

But I think whenever that many planets are in retrograde, if you can be really gentle with yourself and look at completing old projects and not jumping into new things, just like looking at working on things that aren't yet resolved, things from the past, like someday I'm going to finish that book that I was writing and I didn't get it done, or someday I'll finish the quote I was working on. Take out the old projects and work on the old projects because the energy is just perfect for working on things from the past, so it would be wonderful. And what we're going to do today is going to be phenomenal. We're going to be going into the blueprint in just a few minutes. I am; you guys are going to support that. And 30,000 years ago, an alien group took the ability for us to experience pleasures in ourselves and so we're dealing with something from the past, so it would be beautifully supported by the universe because we're correcting something from the past that is wrong. We're making something better from the past. And actually all of our clearings are really correcting something in the past. Mercury and all of the retrograde stuff get significantly better June 10<sup>th</sup>. It's a really long retrograde. There's a strong after effect, a shadow, and then there's another week of shadow effect. So it's not the time to get into contracts but it is the time to step into bliss and happiness and letting go of the past. This is actually most of what keeps us from our bliss or maybe all of what keeps us from our bliss is things from past programs, things that have embedded, implants or spiritual interferences that have come in from the past and new things.

Okay, I want to test something with you guys and I want your feedback. There isn't an easy way in the system to put music into the system, so I've opened another browser and I just going to play a little bit of music and can you give me a little bit of feedback, is

the music nice to hear or is it a little kind of funky. Let me just play it for like 15 seconds or something, but I'd love to get some feedback on that. Okay, so do let me know if that was like nice to listen to or that was kind of scratchy and funny. When I'm listening to it, it sounds beautiful. It's my harp music and I thought in the longer periods... "It's nice but it could down out your voice." Yeah, it wouldn't be when I was talking. So if I go into the field, we can put on some music while I'm in the field. "I can hear it loud and clear. I love your harp. Very beautiful." Good. "Very pleasant." Okay, so I would never play it while I was talking but if I have to be quiet for a couple minutes or 5 minutes or something like that, I thought we could put music on while we're pumping and holding the space and then it wouldn't just be silence, so you guys would have the experience of that energy. So that was my thinking and I had my assistant send me, so I've got 8 different pieces of music that if it works, then we'll use it.

"Yes, the music 100% beautiful. It pulls on my heart." Okay. "A bit loud..." Okay. I don't have any controls here for this music unfortunately. I know it's a problem with my keyboard. It doesn't allow me to control the sound of music. Possibly you could control the sound on your keyboard to lower it until I came back on talking, because I won't play the music while I talking. I think that might be a solution.

Okay, let's see, are we ready? Yeah, we are ready. Let's go back to our slide here and let's take a look at what we've cleared. Agreements, so we still need to clear agreements under perception. We're almost done. And DNA is about 80% clear and there's 3 agreements left, so it's probably just one person. Let's jump for another 30 to 60 seconds and then we'll move into the blueprint activation. And what you'll do when I'm in the blueprint is hold the space. So you'll keep your eyes open and you'll be sitting up. You're welcome, if you're a visionary, you're so welcome to close your eyes and look in your mind's eye, but please don't follow me as a spirit into the blueprint. It can be really rough. It can be something that you're just not prepared for. I don't want you going into the blueprint really. So if you can just hold the space, you can watch from the center of your head. I've had a few people go in and it can really create a lot of challenge. Just know, I have a very, very high frequency. I'm exhausted when I come out of the blueprint, so just understand that you're not meant to go into the blueprint for humanity.

Okay, let's see. The agreements are clear and the DNA is clear. Very good! Alright. So here's what we're doing next, I'm going into the blueprint and then you are pumping and holding the space and continuing... So you're for restoring pleasure to the cells and then I'm going to enter the blueprint now. We'll have some music on and when I come back, we'll turn the music off and I'll talk to you when I get back.

(Music Playing from 00:37:20 to 00:45:10)

Okay, we did it. So what I'd like to do right now is just focus on integrating the shifts that I was able to make in the blueprint. I had a little bit of battling. There was 5 alien types. They're starting to see me going into the blueprint because I've been going in and out for a few weeks now, making corrections, and so there were a bunch of them waiting. So I had to move them out, do a little bit of 'you don't belong here,' assert that this is for humanity and they are not humanity so they don't get to choose. I made the changes and then went into the DNA information and all the areas where resets happen and I corrected the resets so the resets will not go to pleasure in the cell. So now we're pumping for our class to experience the pleasure in the cell and then at any future time, it will be very much easier. People will be able to activate pleasure in their cells. They can work on clearing themselves. That was actually what we had set up with the first group of clearings that we did, for us to kind of clear the space, so that we could experience pleasure in our cells.

I'd love to, if you saw anything or experienced anything during that period when I was in the blueprint, I was in a little longer than I anticipated because there were some Cecrops the alien type 6 waiting for me there, so I had to move them out of the way to get to work. Let me know what you felt.

"What do aliens look like?" We're going to actually work on that a little bit in the class, the 7-hour class in July but for me, it's just interfering energies and they can be tested, how many they are. I had set my vision down so that I could really focus on the blueprint and I've actually done this as a conscious decision. My clairvoyance was so strong, I saw everything. It takes you off track and distracts you from the work you're doing. My work in the world is to help humanity and to look at things that are trying to look scary or frightening, but I'm not looking at them. But I could tell you that the Cecrops, they're dominating and parasitical. Yeah, I don't have a description of the Cecrops in here. I didn't look at them: I counted that there were 5 but I didn't get their physique. Gayle said she thought me struggling. Janice, "I saw you like a luminescent mermaid going around for the blueprint, with lots of little golden fishes and tiny, luminescent mermaids flipping around you, all bubbly and smiling and happy while you did the changes. I saw bubbles of light everywhere." How beautiful. I love that. Kathleen, "When you were in at one point, I came to myself and saw relief. Thank you." "I did feel the fighting or resistance." That was Melissa. And Victoria, "I saw us on earth creating a ring of fire to purify your journey." Wow, thank you. Thank you.

You know, I guess I'm getting a reputation with the aliens. (*laughs*) I'm not going to leave humanity sitting in all the crazy changes they made and the funny thing is those changes were made 30,000 years ago, and that's enough, right? We want our pleasure

in our cells and our body. So yeah, I was feeling in my physical body, I was feeling a tremendous amount of pressure at the base of the spine where the spine meets the body, there was like somebody pressing really hard on me. But I stay really firm in my order of the divine and at one point I said, you guys don't have anything to do with humanity.

"Is going once in the blueprint enough?" No. I've done all the resets, I've done everything, it's good. It's going to hold and those aliens won't have an effect because I've gone in and I've really corrected it in a way that I've removed everything that was set up by like engineers in the past, crazy, let's thwart this. It wasn't just a little flicking when they had designed stuff. So, no, this is going to hold on now. I stayed in there, I did the DNA resets, I did all the body resets, so everything's set at the pleasure, so it's going to hold. Well, we have to repeat that process for the next 100% Bliss Class. I don't think so. I could peek in on it but when I step out a year from now, do I have to alter anything? Do I have to alter anything a year from now? No. What I did is going to hold 100%? Yeah. So it's holding true as 100%. "I love doing the process in community. It's refreshing." Oh good! "I feel lighter and lighter. Thank you so much." Wonderful! "Thank you so much Julie Renee. It turned to sound out a bit for clarity. Music really focused on heart chakra. I felt love, peace, and joy." Beautiful! Sharon said, "Usually when you go into the blueprint, I see a very large human or large size alien-looking animal-type creatures with large gnashing jaws and lots of anger." Hmm, sounds like gargoyles. And Servina, "It's amazing what you do, thank you, in the name of humanity." You're welcome. "I'm feeling more energy and light in my body, like little balls lighting up. Feels so good." Oh, that's fantastic. All pure cells bliss center are activated now. They are and that's what we're actually doing right now is just activating them in your body, so the blueprint now is informing humanity and all children coming in."

And for me, I like the support of the community. With me going into the blueprint by myself is quite an adventure. I have found that I want the safety of the community, I want you guys holding the space for me so that I can go in and get the work done. So for me, I love that we do this together but it's a collaborative effort and it's not just one person working on it, but it's the whole community working on it.

Very good. Let's see, we're about 80% activated. You may have a little bit of homework. I wanted to go into the emotional body, the emotional field today rather and I'm not sure, we might just get a minute or two started on that. It wasn't actually part of the class curriculum but I felt like I wanted to address that and it's not in the classes, the upcoming classes either. So we'll have a little bit of homework with you and once we're at the end of the call, I'll give you the homework. And actually, if we stay on and pump

for 10 minutes while the videos are running, that will also help moving us forward on the emotional field.

"I'm feeling coolness now through my body." That's from Jaclyn. "Yes, it felt like we were very safe." Thank you Sharon. Yeah, that's what I felt too. "Thanks so much for this wonderful opportunity Julie. Just awesome in your timing." Oh good! You're welcome and that was Sevigne. Well, you know, the time has come and I'm doing a lot of classes. I think there's like 5 unique classes each month, so some of the are 3-part and 4-part and 5-part classes and I figured, over the next 5 years, we're going to be doing some big, big shifting, so the more the merrier, as far as I'm concerned with getting more people affected with this shift because we could create a ripple effect and the larger the numbers, the bigger the ripple going out into the world. If you could think about that ripple going out and out and out into a field, so the more people that have a ripple going our form their body, so that the cell to cell communication, the mirroring communication shifts people more rapidly. "Yes, we're grateful for each of this." Wonderful! "Thank you for doing this for us." You're welcome Sharon, and Victoria.

99%, so we all should be feeling quite a bit more like the joy. The pleasure center in the cell is awakening. We could get this done. This is good. We don't have to go into the emotional field today. We can save that for one of the other two other classes or we can send in some work. Okay, you guys want to go for the next thing. That's good. That's really good. Okay, I'm going to put the image back on the screen for the slides.

Okay, 100%. So the pleasure center in your cells is activated. Pleasure and the emotional field, setting the emotional tenor in a joy frequency will make a great deal of difference in your ability to experience on-going joy and happiness in your field and body. It is an inner shift and outer action and direction process. And the inner shift is to clear the right permission ability to enjoy life, to feel pleasure and happiness daily, and to be safe and protected and loved. So if you think, sometimes safety comes in, if you feel too happy, you're not going to be safe. So that would be a clearing that we're going to do. And then clear domination and control of others affecting your joy and then clear DNA, bloodline and clan. That will be the clearing for the emotional field mindset. Outer actions that support, affirm joy and appreciation for all good in your life constantly, find reasons to laugh and make it a priority, engage with others, hug, dance, laugh, validate the joy of the human experience, wean off of TV, news and negative media and move towards joy expanding activities, make time daily to enjoy the natural world, whether it's hiking, walking on the beach, going for a canoe, going out on your canoe on the lake, sitting under the stars, meditate and clear away that which is not you on a daily basis. So this would be the homework for the week.

And as we're coming in, we've got two minutes left. The Apprentice Online Program is now available. Your Year of Miracles is also available. Apprentice Online Program officially starts in June, but you could start in June or you could start in July. We are having it open. We are taking apprentice students. And here are the upcoming spring-summer trainings for the next couple of months. Right now, we have the 100% You and you're in the 100% Bliss. Quantum Mind, the 4 Pillars of Human Mastery starts in two weeks, Brilliant Brain starts in three weeks, as does 100% Success and Grow Younger starts in three weeks, Grow Younger Cell Regeneration Made Easy. And then we have a Father's Day, the Good Man Clearing, the day before Father's Day, so if you want to sign up for that free clearing. And then the special classes, Your Light Body, Ending Addictions. Hearing restored, we're actually in that class right now and it is amazing. We're clearing things that have never been cleared before. We're using unique hand techniques. We're looking at things that just haven't been looked at before. Hearing Restored is a very deep class and I'm excited about the frequency; it's just beautiful. The students are amazing in the class, as are you guys.

Alright my dears, so we did the announcements and let me see, I'm going to put this up one more time so you can see the clearings on the emotions. The inner shift, the right permission, ability to enjoy life, to feel pleasure and happiness daily, to be safe and protected and loved, and then to clear domination and control of others affecting your joy, and to clear DNA, bloodline and clan. That's on the emotional field and daily pleasure.

And, you're welcome to everybody. Okay, so I'll be in the chat box for about 10 minutes and if you'd like to keep pumping and then I'll send the homework. This is your homework right here. This slide is your homework. Gosh, that's a lot. 34 hours of clearing it looks like. Let's all pump for 10 minutes and because I'll be pumping with you, we might take a few hours off if I'm sitting here pumping with you for the next 10 minutes. Okay my dears, I'll see you next week, if not before. I love you. God bless you. Have a blissful and beautiful day and the rest of the week and I'll see you really soon. God bless you. Bye bye everyone. Love you .Happy Bliss Day!