

Your Year of Miracles

Digestion

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prayer



I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in this body here and now.

My spirit is limitless.

I am responsible for any limits I experience in this body and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence.



Love wisdom affirmation

Illumination

Opening Blessing Removal of Obstacles



Vakratunda maha kaya
Kyoti surya samapraba
Ner vig nam kuramay devo
Sarvakyaeshe sarvaha

Guru Brahma Guru Vishnu
Guru Devo Mahe swaha
Guru Sakshat parad brahma
Tasma shree Guruve namaha

Om Gum Ganapatiya namaha
Dum Durgaiya namaha
Om eim Saraswatiya swaha

Om shanti shanti shantihi

Hand movements to access the quantum field

- ❁ Quantum pump
- ❁ Double pump
- ❁ Doorknob
- ❁ Quantum Platter



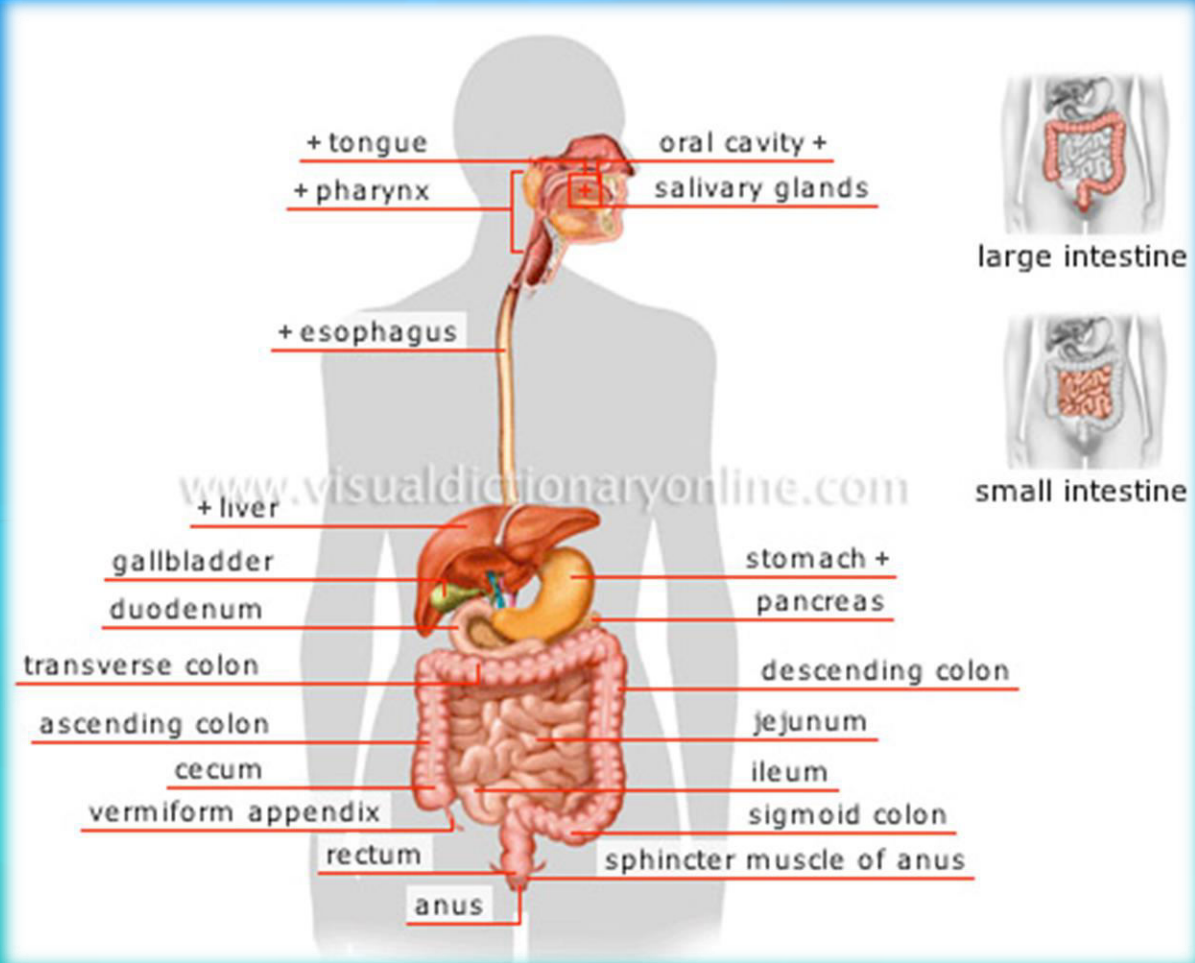
Muscle testing



Your Digestive System

Formed of the mouth, digestive tract and appended glands, it converts ingested food so that it can be assimilated by the organism.

from
Webster's visual dictionary



Digestion Clearing and regeneration

Today's Training

- ❁ Mouth: gums 50 days saliva glands 21 days
- ❁ Stomach 96 days valves 16 days
- ❁ Liver 134 days
- ❁ Gallbladder 99 days
- ❁ Spleen 94 days
- ❁ Large Intestines 84 days and Small Intestines 63 days
- ❁ Pancreas 73 days
- ❁ Colon 130 days
- ❁ Esophagus 70 days
- ❁ Rectum 63 days





Cleanse

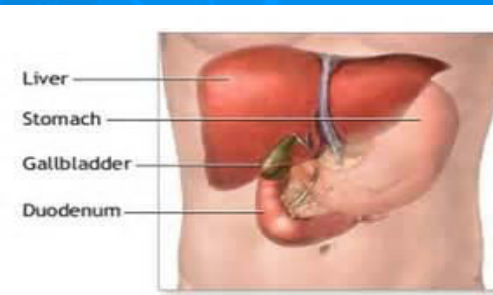
Veggies
Fiber
Water
Some fruits like apples pears

Let's the Digestion Rest



Maple syrup 5 oz
Fresh lemon juice 5 oz
Cayenne pepper dash
2 quarts purified water
Veggie juice, veggie broth (no extra
salt) or a little veggie to chew on

fast



Liver Gallbladder Flush

Eat Rice and veggie broth till 2

Clearing Blocks emotions and other blocks to being able to show up for yourself and enjoy a food cleanse, fast and flush be successful and have good result

Bloodline

Lucifer stop

Soul contracts

Demonic curse

Satanic curse

Evil spirit curse

Group mind

Group mind virus

Black magic

Curse

Atheist thought forms

Trauma

Cycles

timelines

Emotions

DNA and resets

Holographic inserts

Mechanism

Seeds

Implants

Permeations

Portals

Nano technology



Alien type 3,5,8

Evil spirit

Ghost

Demon

Transmortal

How to succeed: Daily practice

Meditation

Daily Exercise

Eat well

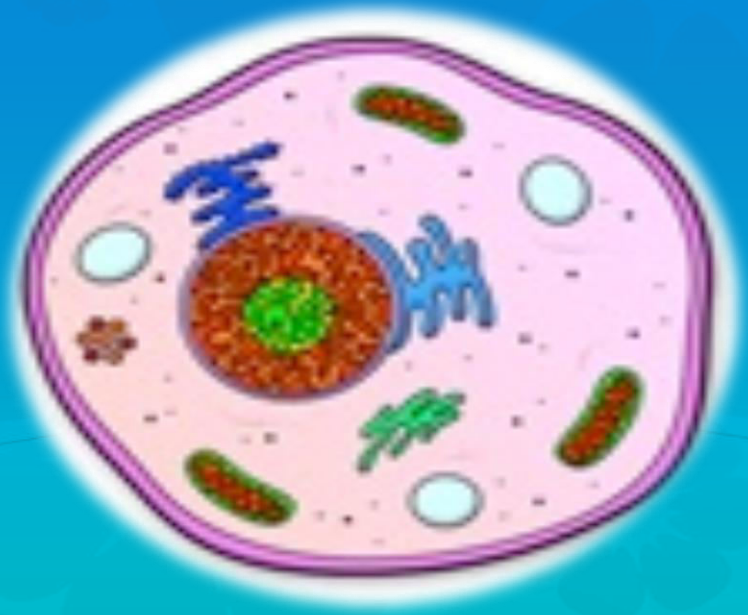
Drink water every half hour

Staying peaceful and calm

Extra credit clearings



Digestion Cell Regeneration



**Network of
microtubules**

Microfilaments

Chromosomes (DNA)

Cilia oars

Microvilli

Nucleus

Nucleoli

**Residual
body**

**Digestive
vacuole**

**Pinocytosis
vesicles**

**Transfer
pores**

Ribosomes

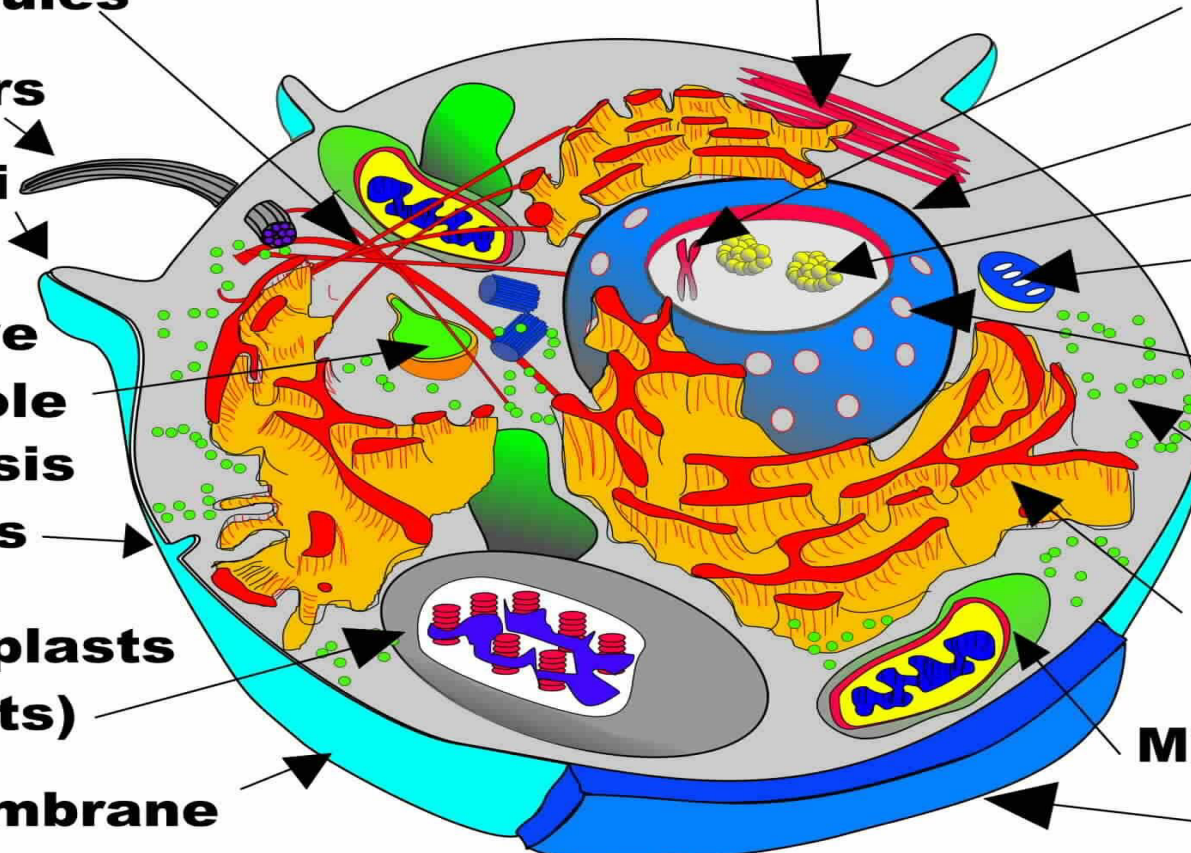
**Chloroplasts
(plants)**

**Endoplasmic
reticulum**

Mitochondria

Cell membrane

Cell wall



***Pump to reinitiate 100% functions from
the blueprint to the physical cell all
parts***

Membrane

Nucleus

Absorption organelle

Elimination organelle

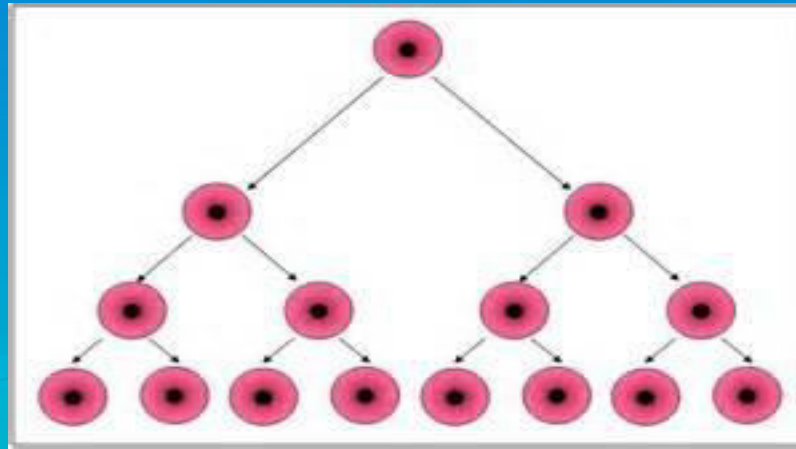
DNA

Mitochondria

Mirroring to surrounding cells



Cascade of new cell growth



Additional work

Right permission and ability to enjoy a fully functioning----- removing all patterns of ----- removing domination suppression and control

1. Ability to produce digestive enzymes from brain and pancreas

6 hours platter

2. Nerves in digestion little finger like nerves that move nutrients/waste through the system

13 hours double pump

3. Proper function of valve system

8 hours double pump



Next Steps

Are you a Part of
Our Inner Circle Community?
Please join us!

**Quantum Activations Apprentice
partnership program**

**Year of Miracles
12 months of full wellness**

**VIP One to One Miraculous full
self expression Mentoring**

