

Your Year of Miracles

Digestion

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I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in this body here and now.

My spirit is limitless.

I am responsible for any limits I experience in this body and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence.



Love wisdom affirmation

Illumination

Opening Blessing Removal of Obstacles



Vakratunda maha kaya
Kyoti surya samaprabha
Ner vig nam kuramay devo
Sarvakyasha sarvaha

Guru Brahma Guru Vishnu
Guru Devo Mahe swaraha
Guru Sakshat parad brahma
Tasma shree Guruve namaha

Om Gum Ganapatiya namaha
Dum Durgaiya namaha
Om eim Saraswatiya swaha

Om shanti shanti shantihi

Hand movements to access the quantum field

- ❁ Standard Quantum pump
- ❁ Double pump
- ❁ Quantum Platter
- ❁ Foot pump
- ❁ Discrete pump for walking or under table



Muscle testing



Metabolism:

The whole range of biochemical processes that occur within a living organism. Metabolism consists of anabolism (the buildup of substances) and catabolism (the breakdown of substances). The term metabolism is commonly used to refer specifically to the breakdown of food and its transformation into energy.

THE COMPLEX PROCESS OF METABOLISM

1 EATING FOOD

filled with energy.

After eating it, your body's next task is to break down the components

2 RELEASES ENERGY

Breaking down the sugar **releases energy**. Furthermore, the cells of your body use this energy to perform their functions.

3 DIGESTIVE SYSTEM

complex protein molecules called **digestive enzymes** break carbohydrates into sugars (example, glucose), fats into fatty acids and proteins into amino acids.

4 ENZYMES MEET UP

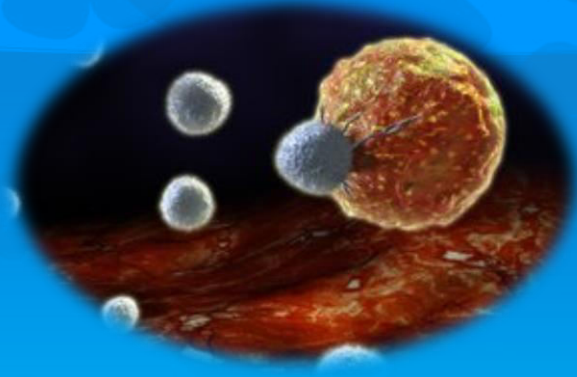
Inside your cells, more **enzymes** meet up with these compounds and undergo various chemical reactions.

5 ENERGY STORE

reactions happen to release energy for immediate or future use. Most of the energy is stored in your **liver, skeletal muscles and body fat**.

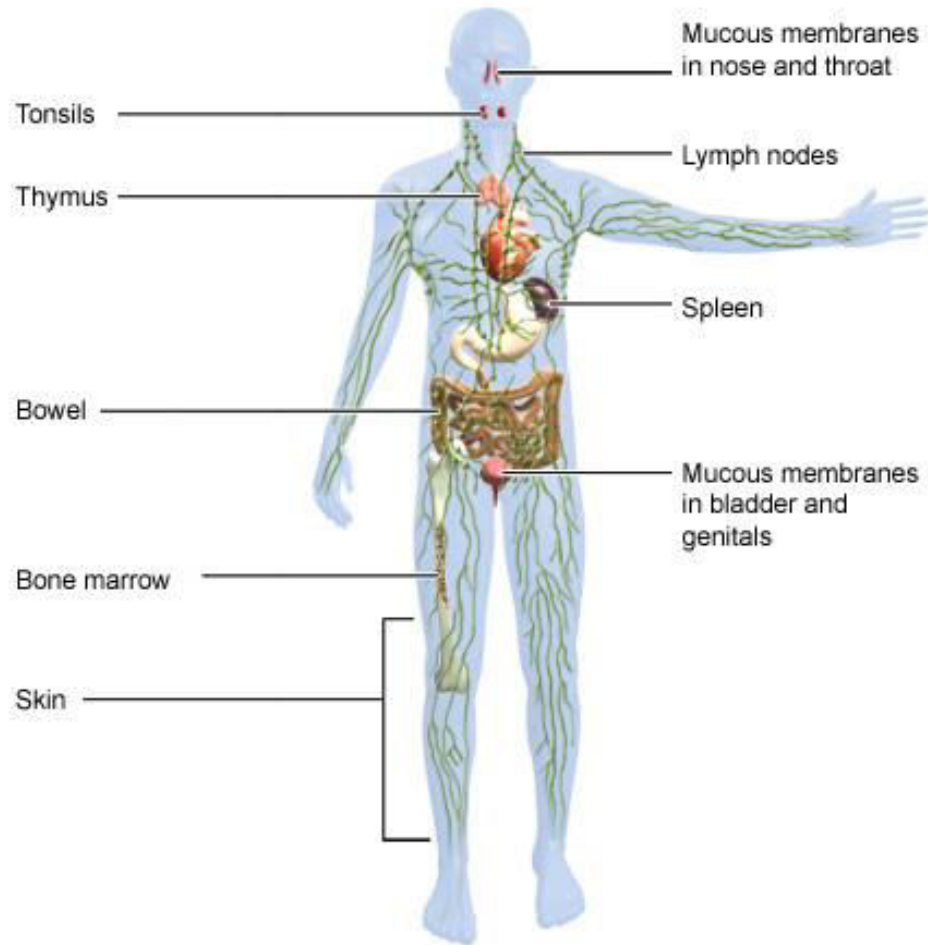
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Energy release
Digestive enzymes
Liver
Skeletal muscles
Body fat
Thyroid
Energy store



The immune system

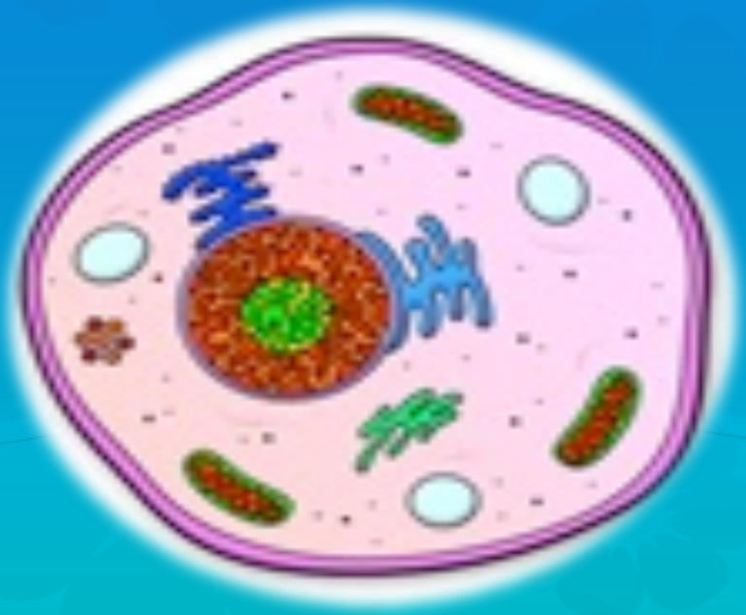
is made up of a network of cells, tissues, and organs that work together to protect the body. One of the important cells involved are white blood cells, also called leukocytes, which come in two basic types that combine to seek out and destroy disease-causing organisms or substances. The immune response has been artificially divided into innate immunity (resistance) and specific immunity. Specific immunity is further divided into humoral immunity, the one involved with antibody, and cellular immunity, which is orchestrated by T cells. It is essential to understand that although these divisions have helped in understanding and analyzing the immune response, the system functions as a single unit rather than as a separate entity.



What are the parts of the immune system?

Organs
Cells
Proteins
Nervous system

Cell Regeneration



**Network of
microtubules**

Microfilaments

Chromosomes (DNA)

Cilia oars

Microvilli

Nucleus

Nuceloli

**Residual
body**

**Digestive
vacuole**

**Pinocytosis
vesicles**

**Transfer
pores**

Ribosomes

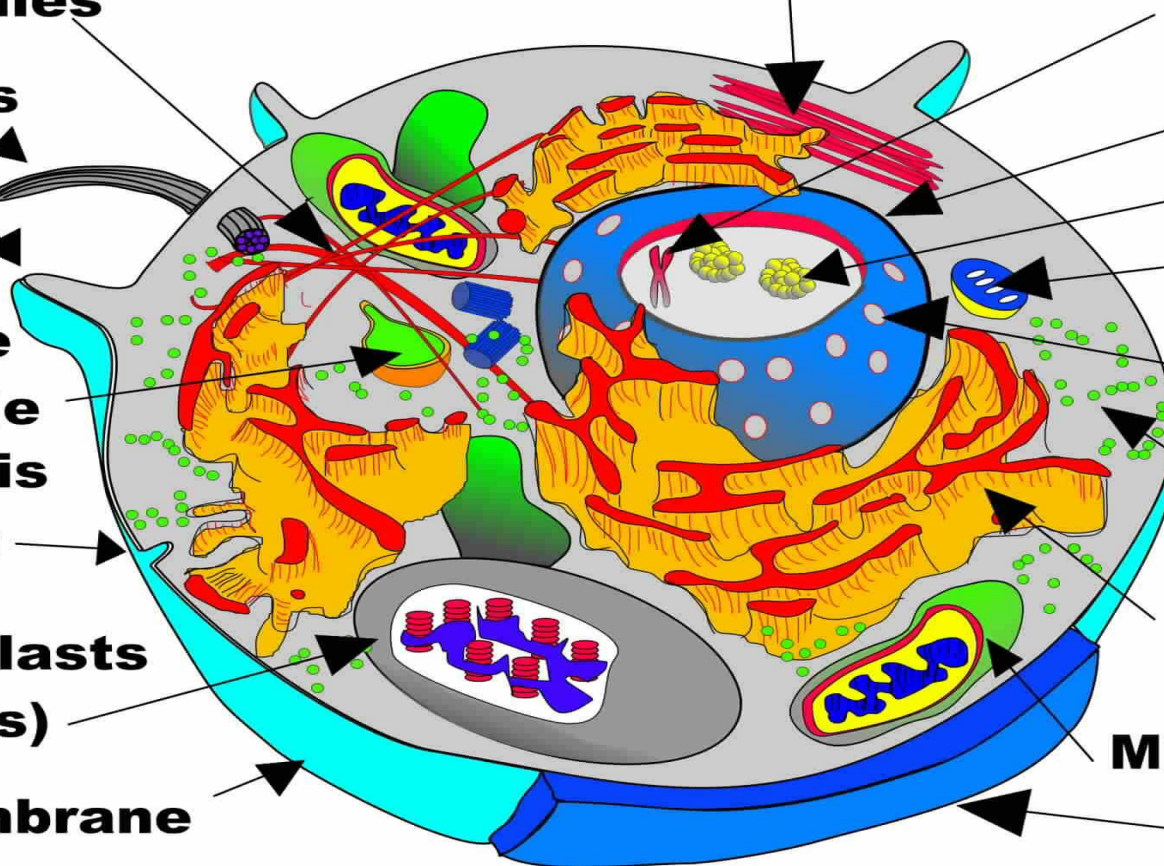
**Chloroplasts
(plants)**

**Endoplasmic
reticulum**

Mitochondria

Cell membrane

Cell wall



***Pump to reinitiate 100% functions from
the blueprint to the physical cell all
parts***

Membrane

Nucleus

Absorption organelle

Elimination organelle

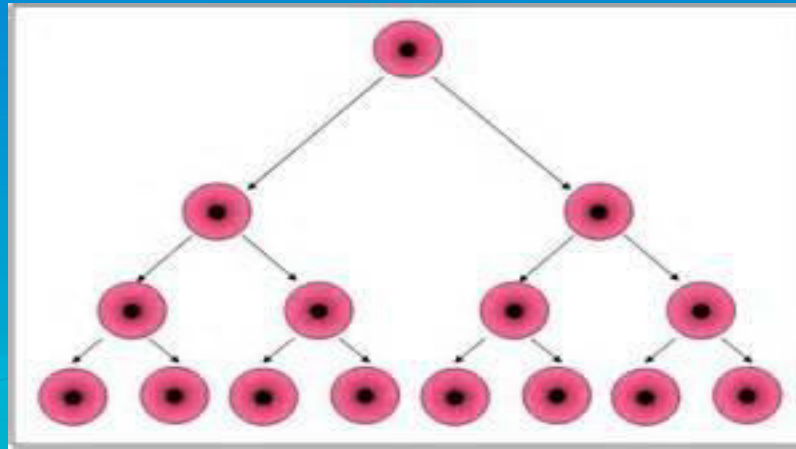
DNA

Mitochondria

Mirroring to surrounding cells



Cascade of new cell growth



Next Steps

Are you a Part of
Our Inner Circle Community?
Please join us!

Quantum Activations Apprentice

VIP

Community trainings

