

right permission and ability to enjoy healthy functioning metabolism to have each process in my metabolism at 100% function giving me great results: energy release, digestive enzymes, liver, skeletal muscles, body fat, thyroid, energy store to have a great energy integration producing a great result, with a body I love, warmth and sustainable energy. To naturally know the foods that will best support my metabolism and to always choose great foods that are truly serving me and fueling me in the very best ways removing amalgamated controlling damaging elusion dominating harmful Illusional parasitical

| Blueprint<br>Clearing style  | Programs   | Emotional and<br>mental<br>anchors   | Anchors   | Spiritual interferences<br>1-8  | Spiritual interferences<br>9-40  |
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| Perception<br>Essence<br>Matter<br>Energy<br>Genesis<br>Amplification<br><br>Doorknob<br>Double pump | I am this<br>Emotional timeline<br>Cycles<br>Avaricious<br>Life cycle covenant<br>Bloodline<br>Projection<br>Embarrassed<br>Oppression<br>Scapegoat<br>Meme<br>Black magic<br>Isolation<br>Poor body image<br>Undignified<br>Scorned | Glee<br>Frustration<br>Regret<br>Guilt<br>Distress<br>Terror<br>Irritated<br>Hatred<br>Dread<br>Grief<br>Lonely<br>Envy<br>Embarrassed<br>Insecure<br>Burden<br>Disappointed<br>Instability<br>Hurt<br>Hedonistic<br>Misery<br>Unforgiving<br>Stoic<br>unfit | Lucifer stops<br>Duct<br>Wormhole<br>Rays<br>Nano novem<br>Coil<br>Aging label<br>plugs | E 1<br>Reticulan b 2<br>E 2<br>Pleadian 3<br>Chinese animal god 3<br>White orb 3<br>Burrower 3<br>E 3<br>K 3<br>Satan 4<br>Zeta 4<br>J 4<br>Chameleon reptiod 5<br>F 5<br>P 5<br>Preying mantis 6<br>Ghosts 6<br>I 6<br>Draconian 7<br>Bortean 7<br>Sirius a 7<br>Orion L 7<br>W 7<br>Ashtar BOC 8<br>Albian C 8<br>H 8 | Cryon C 9<br>Guru 10<br>B 11<br>F 11 dominating control energy<br>D 12 F 12<br>N 12 H 13<br>C 14<br>J 14 Jewish overlords<br>C 15 D 16<br>K 16 implant supervisor<br>H 17 D 18<br>G 18<br>B 19 family enforcer being<br>L 19 M 20<br>L 21 F 22<br>H 23 energetic partner hold<br>F 24<br>G 26 overtakes will<br>H 27<br>C 28 past life covenant<br>C 29 C 30 F 30 B 31<br>H 32 T 34 H 35 F 36<br>K 36 D 37 J 37 Q 38<br>C 39 B 40 H 40 |

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