

Julie Renee's Year of Miracles - ENDOCRINE SYSTEM REBOOT

Good morning and welcome to year of miracles. We're going to take a few minutes at the very beginning of class here to reboot for everyone their brain regeneration. And so what I'd like is for you're welcome to do the platter. This would get stagnant energy going.

So, platter is hand facing forward and facing back and we will be starting our-- as we always do with our prayer and things like that. But go ahead and start with the platter. Adelia wants to say good morning.

And so we're going to spend a few minutes just making sure that everybody's got their brain regeneration going very strongly. For those of you who might be brand new, this will just move right into your endocrine system.

So, don't worry if you didn't do the brain regeneration. It isn't going to do a brain regeneration for you. It will just go the energy and the movement of what you're doing will go into your endocrine system clearing.

Okay. So, let's get started. Adelia, want to say hi? Good morning. Good morning. Adelia got a little bit of a boo boo on her eye. She fell on a lawn chair and she got a little bit of a boo. Yeah. Just a little bit of a boo boo. Little boo boo. It looks a little bit like a black eye. Yeah. But it feels okay. Does it feel okay? Yeah. Okay.

Adelia, can you say apple tooth? She just had [Inaudible 00:01:31] today. I know. Lots of texting coming in right now. Okay. Well, let's start with the prayer now. Can you say amen? I know. I see, honey. Lots of people texting mommy right now. Okay. Alright. Can you say amen? Amen. Alright. Well, we're going to get started right now. Okay.

And today is the endocrine system reboot. We're going to be regenerating all of the endocrine system glands and organs. Mother, father, god, angels, golden legions, guides, gods, goddess, saint and sages, Jesus and Mary, all of those who stand with us to get this work out into the world. We thank you. We thank you for your love, for your guidance, for your support.

We thank you for the air we breathe, the water we drink, the birds of the sky, and the bunnies, and the dear. We thank you for the donkeys who came to visit us yesterday. Thank you for all the little miracles that show up in our life every single day. We are aware and present to miracles even when we don't know that miracles are happening. We have that experience of gratitude and joy.

And thank you for the strong brain regeneration that is now taking place and we thank you for our shift in our endocrine system strengthening our heart and the glands of the brain and the neck and the body. We thank you for this incredible gift that restore and

regenerate organs and glands in the body. We thank you for your help and for surrounding and holding us and keeping us in your love Amen.

"I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I'm responsible for any limits I experience in this body, and have completely access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence."

And our opening blessing: a call to lighten. "Soft the night and sweet the spirit, Gentle voices call our song, We are magic we are wonder, When we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

And today, of course, we are doing an endocrine system reboot. Regenerating pineal, pituitary, hypothalamus. Those are all the glands and gland-like qualities in the brain. And then from there, we'll do the thyroid and para-thyroid. Those are in the neck. And then the thymus is between the thyroid and the heart. The thymus, the heart.

We do have an aspect of endocrine that is stomach, pancreas, adrenals, liver, ovaries, and testicles. So, that is what we're doing. We're doing a lot of work here. Okay. And we're going to go into the chart in a minute. Let me just see. Does everybody had a-- okay. We've got six more people to move up into the hundred percent on the brain.

So, I'm just going to take another minute or two to talk to you about brain regeneration and then we're going to move on to endocrine. If you would like to start on the endocrine chart, you can-- let me just tell you. I believe it's doorknob. One second. Doorknob. Yeah. So, everybody can be doing doorknob. I'll put the chart up in just a minute. Okay.

So, let's review. Everybody should be filling in their brain study. It takes five minutes at the most and as a gift, you'll get a thirty dollar meditation. So, we're going to gift you thirty dollar meditation to just keep track of where your brain regeneration is. What's changed, what have you noticed differently and it'll be you know-- a lot of times when we're doing clearings and regeneration, it might be subtle.

It might be subtle and all of the sudden after six months. You look at where you were at the beginning and you at where you are now and it's so dramatically different but it might be subtly over six or seven months that you see the improvement.

You need to be doing meditation everyday a half an hour. You need to be drinking water and if you're drinking black tea or coffee. Yes, I am drinking some earl grey this morning. So, that means you have to double up when you drink black tea or coffee, that's a direct. You have to more water. Not less water, but more water.

So, I want you drinking eight glasses a day of water and what we recommend though is not to drink a full glass but sip. So, the sip sixteen method is really sipping about four ounces of water every half an hour going through the day. So, at least sixteen times you're having four ounces of water.

If you're in the united states and you use ounces, you're going to be drinking in ounces half your body weight. So, I'm a hundred and thirty-five pounds, so half of my body weight is seventy. Just under seventy pounds. Excuse me. Seventy ounces. Half my body is around sixty-eight, sixty-seven. Sixty-seven. Okay. Sixty-seven ounces.

So, about seventy ounces of water I need to keep my body hydrated and the best way to do it to get it to the brain enough what we're really focused on is getting it to the brain is four ounces every half an hour. So, we want to really keep track of that. You can increase the effect of things by eating healthy nutritionally.

So, eating fruits and vegetables every meal. Something wise and full of life. Is it cooked and is it processed, the more far away from the live plants that grows in the field, the less it's going to help with saying hello to your body in that lively kind of way.

So, I had-- For breakfast this morning, I had salmon, fresh squeezed grapefruit juice and cucumber slices. So, you might think about how do I get a couple of servings of fruits and vegetables at every meal. So, that can help. That really can help. We also encourage brain supplements. Many on the market I know pure-- purity does one, and shakly does one, and I think there are endless good choices on brain supplements and those just-- those are just speeding your brain while it's regenerating.

So, you don't have to. But if you are looking for a big transformation in the brain, I would recommend that. Other things you can be doing, you can do: lumosity is a program that-- let's see if I can show it to you. It's an app that you buy. Let's see. There. I don't know if you can see it but this little one in the corner here. There. That's lumosity and it's like a five or seven minutes of exercising your brain. You can do that. That could be one of the things you do.

At this point, when you're at the kind of the thirty day mark, you definitely can be taking on learning new things. So, one of the things I did because I went through the brain regeneration with you is I started studying something called design thinking. And something new to me, I kind of sworn if something taught at Stanford and I'm going up September twelfth, thirteenth, and fourteenth for an immersion on divine thinking at Stanford which is very exciting.

So, I got a couple of their textbooks and I'm reading-- you know, detailed information about design thinking and how that works differently than other ways of building team and marketing. So, you might learn a new language. You might learn something new on

the computer. You might learn an instrument. You might study mathematics or physics. This is a time where you can learn. So, your brain is going to go with what you're feeding it and what you're demanding of it.

Now, if you have a healthy muscle like we have a healthy brain, that is just a healthy brain. It's going to give you more unless you ask for more. Just like if you were exercising. Mostly, you can't really see this but I've been pushing Adelia forty pounds up the mountain and sure enough, I, not only have a healthy muscle, but I have bicep here now. Really a nice one going because I'm pushing her. So, I'm exercising the muscle everyday which is giving me more.

So, understand that the brain will be healthy but then you want to ask it for more. So, however you decide to do that, you can start doing that right now. Right now. Because at about the twelve day mark, you're out of the big push and you're now into the steady regeneration of new cells. Steady, steady, steady regeneration of new cells.

And so now that we're steadily regenerating new cells during our waking time, our cells regenerate at night. Remember? So, during our waking time, we want to exercise the brain. We want to give it. Take it out for a walk in nature so to speak.

So, one of the things I also noticing is that my brain and my vision is more aware. So, when I'm walking and I've lift her three and a half years, I'm seeing little hidden like a little amphitheater that's some neighbor had built. Maybe fifty years ago. And the ruins of it is hidden in the woods.

And I can say that I probably seen fifty things that I've never seen before on my walks and I've been devotedly walking before Adelia was born. I was walking everyday. And so I'm aware that my awareness has expanded that I can see beyond what I could see before and that might show up in different ways for you. It might show up that you're smelling more but you are more aware of the scent in your home.

I know when I walked in, the house keepers were here and they used some crazy cleaner on the-- all the-- just like the stainless steel. All the couple of kitchen's really pretty but I'm going to look into something that doesn't have that strong smell. Because it just knocks me over and I would say in the past, I wasn't really that aware of it. So, you might notice that you see, you smell, you hear, you might not. So, it's really going to be what-- how your body is doing the regeneration.

I think for those of you who have been on the regeneration path like we did that sexy skin and I don't know. My skin just took a big leap this week. So, I've been working on it, working on it, and imagining it and holding the vision of it and doing the beauty program and the sexy skin and there's something that just finally kicked in and I definitely can

see there's a difference in my skin. So, something is really shifting which we were talking about yesterday.

By the way, you're all shifting now over to doorknob since we're working on the chart. Yesterday, we were talking about something that I was really looking for is some of the blocks for myself on some of the breakthroughs like my hands and this is really interesting, I looked at my hands and they looked younger today. I don't know how much the bends have changed, but my hands look better today. So, that was pretty exciting.

Hey, you want a hug? Okay. And so what we were talking about in class yesterday was I'm working on clearing a specific entitlement that was a little bit invisible to me because I cleared entitlements but a mother's entitlement.

My mother had contract with me to kind of be her servant slave prior to the incarnation and then she was running that I would give anything that I did for myself. I wouldn't get the full benefit, but by people including her would give the benefit. So, upset with something. I've been just clearing the mother entitlement and that was like a five hour clearing for me which is fascinating.

So, the mother entitlement which tied in to the mother prophecy and some of the other 'this is your-- this is you. this is your future'. So, in any case, I'm noticing shift because I found that one thing. That hidden thing. And I can just really obviously see something changing in me because I'm clearing that thing that was hidden to me.

So, you know, I want you to look for your breakthroughs and I want you too keep asking, "What is it? What is it?" If you are not getting a hundred percent of the shift, what's in the way? There's just something on my screen, honey. Okay.

So, right, permission, and ability to fully clear low poor function illness disease, restore, repair, recover one hundred percent ownership function and health of all parts of my endocrine system permanently. We have to put in here. No crackers right now, honey. At ten o' clock, we'll take a break and mommy will take you up for juice, okay? But not right now.

Here we go. Right, permission, and ability to fully clear low function, low poor function. Illness, disease, restore, repair, and recover one hundred percent ownership, function and health of all parts of my endocrine system permanently including pineal, pituitary, hypothalamus, thyroid, parathyroid, thymus, heart, stomach, pancreas, liver, adrenals, ovaries, and testicles.

Of course, women have the ovaries and men have the testicles. So, boys and girls, you have your part. I had one lady saying, "Well, where are my testicles?" And I'm like, "You

don't have any." So, this is obvious, right? Girls have ovaries. And when girls don't have ovaries, they've had them removed. This is still included because you have spiritual ovaries. They're in the blueprint. You have the blueprint of the ovaries. That is not removed. Yeah.

And men have had one of their testicles removed you know, or had one only. You probably still have both testicles. Removing altering, amalgamated, compulsive, controlling, cruel, damaging, deceptive, disgust, evil, intertwined, intolerant, parasitical, and suppressing.

The only thing I was surprised about in a way is this particular chart just doesn't have perception in it but everything else-- essence, matter, energy, genesis, embodiment, quantum, and amplification. We are doing the doorknob. You can and potentially will be doing the platter. We'll see how long it takes. I'd like to get through this in an hour if we can and get going on the cellular neogenesis.

And then we had pretty significant chart. I will put this in the chat box in just a moment for those of you who are waiting anxiously. And quite a bit in the advanced interferences. I'm super excited to be getting to the advanced interferences which is part of-- by the way, part of the foundational and trailblazer program. We're really going to be doing some amazing work in the apprentice program and this is still open to everyone.

So, we're going through hundred percent clear which is all programs, patterns, brands, labels, and timelines. And then we're also going through the advanced interferences. Something completely new that we've never ever touched on. And then going into one hundred percent energy and strengthening your abilities in the-- causing a transformation and meditation and pumping. So, that you're pumping abilities will be much stronger. You'll get faster results and your meditations results will be better.

So, those are some of the things coming up in the fall. And the apprentice program is actually a discounted program which a lot of people don't actually realize but you save about twenty-five percent off of every class. And you get discounts on classes as I feel like this would really benefit you.

So, if you are at all interested in the apprentice program, I really encourage you. This is the time to sign up as we're in the back to school special and that's five hundred off the foundational programs and a thousand dollars off the trailblazer program just for another few days. We gave this going on until September first. Hi, sweetie. Hi.

If you heard some squeaking going on, that as Adelia's shoes. She has some favorite shoes that squeaks. But we took them off because they make too much noise. Okay. Alright. Okay.

And this is the last Friday that Adelia's going to be with us. She starts school next week and she'll be in school on Fridays. Monday, Wednesday, and Friday through the fall and then on the-- let's see. On the-- In January, she starts five days a week. So, just gets to Fall three days and then she goes to five days a week. That's pretty. You got a necklace? I think of a necklace. Yeah. Think of a necklace that's built in to mommy's shirt.

I love you too, sweetie. Okay. Right as we go. Okay. Be gentle. Be gentle. Gentle. Okay. Okay. That's enough. Okay. Now, mommy's going to say good morning to everybody, okay? Do you want to say good morning? We've got about a hundred and seventy-five students in year of miracles. Yup. We had few extra family members that got in on the brain regeneration but we have a beautiful and nice wonderful growing program here.

Good morning to Nettie, Imona, Maria, Lisa, Martha, Karen, Dale, Christina, Julie, Cathy, Katherine, Katie, Christine, Jenna, Karen, Sheila, Jen, Yadani. Yeah. Anette. Oh. There's Tommy Yae. Good. Ilumi, Chris, Sue Lorainee, Mari, Judy, Kathleen Lu, Karen, Johanna, Anne, Paula, Carol, Asvalia. Beautiful name. Avalia. Anelie, Joty, and Susan. Oh. Susan, you made it. Oh, So, happy to hear that. That's great, Susan.

Okay. And Valentina, and Jin, and Leanne, Robin, Aura, Svetlana. Yeah, Yup. Kathleen Lu, Amy, Dawn, Susan, Karen, Marianne, Kathy, Felicia, Carole, Irene, Sabrina, and Arcadie, Bee, Kelly, Penny Mae, Kristin. "Looking from wildfires. Feeling very lethargic and headachey. Can you clear this please?" Well, Kristina, always people feel cleared after they've come through the class but on this you-- just in general, you don't specifically ask me to do something for you in class. That would be unique to you.

Because this is a the class on the endocrine system and we did a brain reboot but I'm very clear. We also are dealing with smoke here. Not in the way. It's kind of a haze. It's been a haze for days. We had a couple of clear days and we're getting smoke from somewhere. We don't have wildfires right here but somewhere in California. A lot of fires in California. Yeah. She's talking good.

Laurel, and Marie, George, Amy, Juta, Mary Alen, Alicia, Agnes, Thomas. Okay. Sebastian. By the way, I see Thomas is making a comment on technology and that might be a spiritual interference in your interface on your end because it wouldn't be for everybody. So, here is what I decided and I made a decision to come back on the screen for a minute and talk to you.

So, I created this incredible six hour technology tune up program. It's call technology and you. And the first one is clearing you technology. So, all the technology that you work with. So, your landline and your cellphone and your iPad and your computer and

your-- maybe your automated dishwasher and your alarm system and your washer and dryer is there. Is there a technology. Your fridger.

So, we're going to go through for two hours and when we're going to do a clear out on the stuff. The physical stuff that you work with-- technology. And the programs that you run in you. The second class is two hours. Now, we've only ever done technology tune up which is a two hour program and this is a six hour program.

So, the second class is your relationship with your technology. So, do spiritual interferences mess with you so that you can't get your information and that kind of thing. So, we're going to clean out the relationship with you to all of your technology. So, that's going to be a different kind of a clearing. Meaning, we're clearing your physical body related to everything technology wise so that you're not picking up bad stuff.

You're not-- so, you know, if you're-- if you have like an illness from the computer that kind of a thing. We'll clear that but also clear your relationship and clear the computer-based on things that might be bothering you that will disturb your technology. So, that's the second class and it's two hours.

In the third class is the technology obsession and addiction training and that's two hours. And we're going to be clearing things like addiction to social media, screen addiction. Any unhealthy, obsessive, compulsive. Like you're picking up your phone every two minutes, that may indicate an addiction to the phone. It may.

So, if you're checking social media more than a couple times a day, that may indicate an obsession or a compulsion. And so we're going to clear that. We're going to clear the obsession, addiction, compulsion. This is the most thorough program I have ever ever offered and we're going to approach it in the three different ways.

In my team meeting yesterday, we were talking about, "How do we get everybody to participate in a six hour program that is going to benefit the whole community?" So, we really like improve everything related to technology. And one of the things I said is why don't we give everybody a hundred dollars off the program?

So, it's a two ninety-seven program. So, we've got a code for you today. And if you want that six-hour program that's next month, then please use the code and you'll get that nice big discount of a hundred dollars off. So, it will be one ninety-seven for six hours of clearing everything related to technology that I could come up with.

So, we have the code should be in the chat box now. So, tech one hundred I think is what it is. Please use that when you sign up and please do sign up. This is something that honestly will help you. Because we-- my team everyday answers questions for people about them understanding, well, something's going on with my member's site.

And sometimes it is something with the member's site. But a lot of times it's with your browser or if it's with your computer or your speed. I can't see the live stream all the time or it flips back to the beginning. That is-- that stuff that's like interferences that we have to clear. And so if everybody does it all at once and we all get cleaned out, I think we're going to do so much better.

We've cleared out our technology numerous times and I think it's just an on going process because we're constantly bringing in new students and they're bringing in new stuff. And so I also recognize that. So, just to give you that information.

If you're having technology challenges ever in any way, please sign up for that class. If you need a special payment plan that we don't have or you need help in some other way or trainings off that we need to know if you're going to get the help. Please ask us because this one I still like everybody should be at.

Adelia, crackers in thirty minutes. Crackers and apple juice in thirty minutes. Okay? At ten o' clock. Not right now. At ten o' clock. Yeah. I see. Okay. Alright. At ten o' clock we're going to have a snack. We're going to have a break. Yeah. Okay. Alright. So, that was in response to. I just was just noticing Thomas saying and hi to Sebastian. There you are, Sebastian. Nice to see you.

Karen, "Thank you for Adelia's life that she shines with us during class." You're welcome. Okay. And Elena, and Aileen, "I missed last month. Was away and haven't gotten to the replay yet. So, maybe skewing your muscle testing." No. It was only working, Aileen, on people who had worked on the brain regeneration. But please do it right away. Good for you.

Elena, "Greetings. Love to everyone." Penny Mae, "I'm unable to drink this much water due to difficulty. I shall do what I can." Okay. And I think when you talk about sipping. Maybe used to an ounce every fifteen minutes. Just talking about it. Keeping a little steady dripping going in there. Steady drip.

You can do the brain meditation before sleep. Yeah. "Do I do lumosity everyday?" You can, Katie. It's up to you what you can put in your schedule but it's not a lot of times. It's five to seven minutes of brain exercising. "What is the content of the brain supplements to look for in another country?" I don't know. That would be your research. I'm not going to-- I don't know what to advice you on that.

Shaun, "I have diabetes for a long but thinking this will help reactivate my pancreas somewhat. Is there anything else we can need to think about with the endocrine regeneration?" Nope. We've got everything covered there. Always when you a specific illness. And Shaun, I think we have done some charting on clearing diabetes but you know, when I've had a really specific bad problem, I've done like eight or ten chart

something and I always am doing it in a different version until I really feel like it's clearing, you know.

It might be just different approaches. Again, just to go through and I think we did this-- I did this a few ago in class but realize not everybody is in every class. There are three things to consider if you're not getting the best result that you want. One is entitlements and I just gave an example where something was elusive to me that my mother had an entitlement to my work and getting my work in the world.

And so even though it wasn't in my blueprint, she was outstanding with my energy and preventing full regeneration. So, I've got a five hour clearing and I've done-- I've done all five hours. And that's probably why this morning I woke up with my skin looked amazing. I as like, "Wow. That's crazy."

So, you know, when you clear something, your body really wants to shift. Your body wants to make the shift. You're inviting it to. So, entitlements. If you haven't done the entitlements training yet, it's only twenty-nine dollars. It's a two hours class. It's called something's got a hold on me. So, I highly encourage you to clear all entitlements.

And if you have a mother or father's entitlement that's running really strong, you can just add that to your clearing because we've-- just looking at that. Recently, mother's prophecy and mother's entitlement. So, as you go through that training-- just to add that in there. Just mentally clearing mother's entitlement or father's entitlement.

The second thing I'd like you to be considering is if you have walk ins. And walk ins are invited guests. Typically, when you're depressed or down. Something I was just shocked about was that-- I think a week or two. Let's see. Two weeks ago, in our church, we had-- and we aren't going to that church anymore-- we had like a violent episode. It was really crazy.

There are some people who are intolerant to beautiful Adelia's skin and hair. And they're older people and someone grabbed a whole of Adelia. I was in the back of the church and she's gotten away from me and you know how she just runs around happy and she was giggling. And someone was just shaming her. A lady, an older lady, would grab her real hard on her hand. You know, Adelia, just to hold out too.

Adelia was like looking me at like, "Momma. What's happening?" And this lady was shaming her. Yelling at her. And like two minutes later, a man come up to me and yelled at the top of his lungs. I honestly, I think, somebody's doing it in front of it and energetically like an angel and all I got was disrespectful. That's the only word I heard from him. He like, "blah blah. Disrespectful."

But he came in such a violent hit and the director of children's ministry was standing next to me and she was absolutely mortified. People-- lot of people witnessed what happened with Adelia and I and it was prejudice. It was you know, clearly, just intolerant prejudice. So, we left the church and they've-- the minister's apologize to us and the women's director's apologized and the children's ministry apologized.

And they said, you know, "It's probably better if you do [Inaudible 00:36:51] because we can't control this large people of elderly people who are intolerant." They don't have any tolerance for children sounds or playfulness. No one blamed Adelia or I. Adelia was just being happy. She got away from me. Children get away from you.

The minister, the youth minister, who's moving up into associate minister said, "Thank you for maintaining your cool." And he has children six month's older than Adelia and they have a new baby and we were reading. So, we're kind of aligned with them. He said, "If someone did that to my child, I would not have held it together. I would've blown up. I would've blown my stack right there on the spot creating a scene."

So, there was like this validation. I'm giving you the story not to have you feel worried or upset for me but to understand that I was traumatized. It was just a shock to me. And I experienced the shock, my spirit went out of my body. So, there's till human-animal operating my body and probably a small part of my spirit and my body.

But immediately, a demon, a walk in, jumped in. And what I could see is on some our periphery that death is better shock program ran and the demon jumped in and of course, demons are at churches. It took me some hours to figure out what happened. This doesn't feel like me. But I was also you know, I was weeping because I was like crazy thing. I just grabbed Adelia and we ran to the car. I just sat and wept. I was just like, "Oh my god. What kind of a world are we in where there's that kind of pain?"

And I came home and we just like shut the door and we stayed inside for the day. I withdrew from the church. I do volunteer work and I just withdrew. And then I was noticing something here that's not supposed to be here and that was the walk in. So, know that like majority of the time when walk in is there because you invited them.

But also, if you had some kind of big trauma when you were in a shock, you can also double check to see if something came in. When you were like spirit was bumped out because you were in shock and then something came in when your spirit was out. So, that's another way to check for walk ins.

We want to uninvited walk ins. You could pump walk ins out and we have a wonderful walk ins training. It's a replay from about a year and a half ago and in February, I've got a brand new-- I think it's a three hour. Two or three hour walk ins class. We looked into the schedule to try to get it in sooner.

But you can do the home study right now and then you would be invited into the walk ins class at a half price when it comes around when the new one comes in February. So, if you think you might have walk ins, that would be a way to clear walk ins and walks in will prevent full regeneration for sure. So, you want to check on walk ins.

So, we've talked about the entitlements, something's got a hold on me. We talked about the walk ins and the replay that you can do the home study or the February program. And then the final one is sleep invaders. When we do regeneration. Regeneration is during the night when we're sleeping.

So, what I've seen is that there are sleep invaders that come in and stop regeneration. That's one of the things that from the list is they stop regeneration. So, there are specific spiritual interferences that stop regeneration while we're sleeping.

One of the things I could recommend to you in addition to clearing sleep invaders is we have not yet done the long advanced spiritual interference list. There are at least forty more beings like aliens and demons on that upper list. At least twenty more and there's about a hundred and twenty things we'll be clearing. Mostly, frequency wave and transmission. But at least, twenty more on that.

So, two things you could do is-- first of all, if you haven't done the big spiritual interference training, do it. It was ten hours this month. We-- last month rather. We added an extra few hours so that we could get through everything. But the free you are, the stronger your regeneration and the faster your regeneration is going to happen.

So, those are things-- those are additional steps you could take. Over time, you could just clear out all those different things over time. You don't have to do everything all at once. And we do do a muscle testing class like every-- we do it like three times a year. So, you want to keep an eye. I know some of you are saying, "I'm really working on my muscle testing."

I know that muscle testing improves when all the spiritual interference stuff is gone and you really gain a lot more power there. Okay. So, those are just some ideas for you to just keep working on and increasing your transformations.

"Feeling much more energy around me. Very helpful suggestions." Oh great. Okay. Hi to Lee, and Agnes, "What is mother prophecy?" Well, that's a new program. It's a program and it's kind of like, "This is you. This is your future." But it's something that your mother says about you over and over again. It's brand new. I found it to sleep when I was looking.

Like for example, my mother would say over and over because she's covered with brown spots from head to toe. She eats terribly. My dad's a smoker. She's put-- she's

one of the people who put baby oil on her skin for twenty-five years soaking up the sun and you know. So, she's had skin cancer and all kinds of disease and polyps and all kinds of crazy things. She says, "This is going to happen to you." Over and over and over again.

Every time I see her, she's is like, "This going to happen to you. This going to happen to you. This going to happen to you." So, on some level, even though you say, "No. It's not going to happen to me." On some level, it gets in. It's like a mother's prophecy. So, you want to clear the prophecy that your mother has projected into you.

And if she's got-- if she's got a mother's prophecy and a mother's entitlement, she might be running her body information through your body. Your father may also be doing that. So, you could have a father's-- you could have a father's prophecy too. That definitely. So, either a mother's prophecy or father's prophecy.

Jenna from the Gold Coast, and Jenna Ty. Oh. You're welcome. "This is so fabulous. Science has found that to lose fat we have to heal our hormones. We can lose weight with bad hormones but it's not the fat or permanent. This is a perfect timing for the simply beautiful class on Monday. Wahoo." I agree. I think this is so ideal and then we move next month into really working on.

Because I just found this so ideal to have the brain and the organs regenerating for a month or two. And then working on the chemistry part of the regeneration. And that is ideal because it generally needs to be done after the regeneration is more on its way. Yeah. Hi. Yeah. Is it here? I can hear some noise down there. Maybe. Maybe.

We're having our fence work done. Our lawn so is here. Okay. Alright. Good. Well, we are doing fantastic. We've covered actually a lot of topics pretty quickly. Yeah. Yeah. You're going to get cookies. Do you want peanut butter and cookies? Or do you want Rits crackers? You just want everything? And apple juice? Apple juice. Can you say apple juice? Apple juice. Do we go to the store looking for apple juice yesterday? Can you say store? Store. Good. We went to the store.

And it's time to change your diaper. Can you say diaper? Oh. Say it one more time. Diaper. That's it. Good girl. Yup. Pretty soon. In ten minutes, we'll change your diaper and get you crackers and apple juice, okay? Sound good? Tell me. Tell me. Yeah. That diaper needs to be changed. Diaper. Diaper. Can you say diaper? Yeah. Okay.

Adelia's trying so hard to make as many words as she can. We had a long talk last week. Yeah. Because Adelia talks mostly in sign language. But she's going to school and I check that one the teachers do sign language. So, we're trying to help her. We haven't been focusing as much on sign language. Yeah. But there's still a lot of things

that are coming out that don't sound too much like words yet. But there's a lot of things that sound like words now too which is good. Okay. Be back there.

Where's Amy? Can you go get Amy? Where did you put her? Is she in your bedroom or is she downstairs? Oh. You know what? Amy, she's in the kitchen. She's on the table in the kitchen. The little pink table on your little chairs. Yeah. We're not going to put those on. Those are too squeaky.

Do you want to get Amy for mommy? Okay. She's upstairs. Can you go upstairs carefully? She's up at your little table. Amy Sue is sitting at your table. You're getting sleepy? We're not going to go drive our car. No. Not right now. Not that. Not right now. Nope. Yeah. Oh. There's Shontelle. Good morning, Shontelle.

Thank you, Elena. Elena says you're a bright student, Adelia. Are you a bright student? Yeah. Yes, I am. Good. "Hi. Can you talk about endocrine organs at a hundred percent and what that looks like? Feels like if we were to add more visualizing too and increasing understanding." I think, Carol, if you wanted to look at function of each of the organs. We will talk about a little bit as we get to that place of each one what they do, but you could also look it up. You can just look on Wikipedia for all the description of everything that each gland and organ does.

As we go through one by one, I'll tell you what they're function is related to the endocrine system. And Jutta, and Anne Been. Hi, Anne. George, if you've done-- if you've done technology tune up, you have a discount. Not everybody in this class has that discount. But what we had was the class, George, the technology class was two ninety-seven. It's a six hour class. Our six hour classes are two ninety-seven.

So, the ninety-seven is actually a hundred dollar discount. A hundred dollar discount. Makes it one ninety-seven for six hours; not four hours. It's a six hour class. So, that's what that is. "We'll also office computers and technology be included or just home?" Every technology thing that you work with, Sabrina, will be included. So, your office computer and technology that you work on is going to be included.

You're welcome, Elena. Adelia's here. Oh good. I'm glad, Nettie. "Do these entitlements come from mother or father or from anyone?" Well, Bee, you can look at the entitlements class. The ones I used describing are from mother and father. But I think I give a much bigger explanation in the some things that have a hold on me. I obviously do because that's what our focus is next.

Sweetie, that's a little bit too loud. That one-- pull that one on the playroom. Okay. Let's see if mommy can just turn the sound off. No. Okay. I think. Yeah. Okay. There. I'll turn the sound back on when the class is over, okay? Too much sound but it's wonderful. I'm

glad you like your choo choo train. Okay. There's a lot of questions to ask of walk ins and entitlements and things.

We clear the chart related to the issue that we're working on but if you go through the additional classes, which we do foundational apprentice, does all of this. Trailblazer also. We go through all of the different interferences and we clear them to zero. We're clearing the interference related to your endocrine system; not all of it. So, if it's related to your-- we're doing the endocrine system and it's related to a wealth problem, we aren't dealing with wealth today.

If we tried to do that in every class, it would take-- you know, we would never get to the regeneration. What we are doing is we're removing them from the endocrine system. So, that's what we're doing today. But this deeper clearing is done in the freedom from spiritual interferences.

Yes. We have these long list of interferences and what we're clearing is not the interference related to you but related to your endocrine system or related to whatever the project is we're working on. Just understand it's a much bigger project to remove it completely from you and that's what we do in the classes that are labeled that way.

And then entitlements is basically, for example, I gave this exactly yesterday in class-- an entitlement. So, I own this house. This is my house. I bought it. I have a mortgage of about eight hundred and fifty thousand on it and it's about a two million dollar property. So, someone-- the mortgage has an entitlement on my property. That entitlement allows them to make sure that I pay my taxes and have Lois of London insurance because I need a fire insure. We're in a fire area. So, I have this very expensive insurance policy on this property because of the entitlement or mortgage.

Even when I pay off the mortgage, working on that paying that down. We've got fourteen years left and I'm hoping to pay that down faster which I'm giving you an example of this too because I went to this class at our church which was fantastic called financial peace. And one of the things it said is you know, there's like thirty percent of Americans don't have a mortgage on their house and I thought, "Oh. I never-- it never occurred to me that I didn't have that mortgage."

So, the first thing I wanted was just sell the house and buy another house. The house didn't sell. I think Adelia needs to be here. I think that's why the house doesn't sell. So, I just said, "Okay. That's good enough. Fine for me. If she needs to be here to have, you know, her moral compass and everything going the right direction." You know, get her-- you know-- So, then, I thought, then I'm going to fix up my cottage and bring in an extra maybe around three thousand a month and with that, I could have that mortgage paid off in seven to eight years instead of fourteen years.

Still when the mortgage is paid off in seven to eight years or fourteen years however long it takes me, there will still be entitlements on the property. Those entitlements are the gas and electric. They have the right to come on and to maintain the gas lines and the electric lines. The gas actually is delivered. It's a natural gas and they put it into a tank. They have the right to come on to the property. Put the gas in and leave the property. The electric lines-- let's see.

Water and we could change it. Were on city water but we could put in a big tank here and we can have water brought in or we could spend a few hundred thousand dollars from the top of the mountain so it's not very practical. If we were in the bottom, it wouldn't make sense to put in a well. There's just-- you know, you're at the top of the mountain and the water would be maybe a thousand feet down.

So, but we could get rid of those entitlements. We could potentially. You obviously want your electricity working. We would still need to have-- let's see. I would think you know, we should still will have property tax. So, that's an entitlement. The government has an entitlement that get tapped out of our property.

So, everybody's got a little finger in even though I'm the property; there are a lot of entitlements. In the same way, you're the owner of the way but there might be entitlements on your body. You might've agreed to come in and be the caretaker of your mother when she got to be a senior citizen and that was your agreement and so that was an entitlement that was made prior to coming in to the body.

Entitlements can come from religious organization, from leaders, from employer potentially people who have authority over you or have had over you in past lives. I noticed entitlements from like lamoria and we cleared out lamoria so well in our last diamond class. It was unbelievably amazing and euphoric to go to the beach here. There's a lamorian beach that actually is-- you know, when the continent of lamoria broke up, pieces of it are in the California coast lines and so we were on this beach that's attributed to some of that land mass that came in.

And we cleared the lamorian. So, when I look at lamorian entitlements, there are none. But Atlantis-- the other rounds of human experience that you might have been in and on. So, for myself, that we're done. They might be for you if you weren't here in the diamond retreat clearing-- the lamorian entitlements.

So, entitle-- I encourage you. It's only twenty-nine dollars. That class is inexpensive. It's called something's got a hold on me and you can learn about entitlements. And then walk ins-- I just think for Judy take the class. It's more than I can explain in five minutes.

We're just at the end of our first hour. We are going to take a five minute break. I'm going to-- it might be couple more minutes than five minutes with Adelia here because I

need to change her diaper and get her a snack and then I'll be right back. Let's see where we are at the chart.

We're at ninety-two percent which is fantastic. So, we're almost ready to start the regeneration. We have about twelve minutes left on the chart. So, why don't we take a five minute break right now. I'll be back quickly as I can. Lickity split. And I'll have some music playing for you guys and we'll get Adelia all situated and then keep going for twelve minutes. So, if it takes me a little but longer, you just keep doing doorknob, okay?

So, everybody keep doing doorknob. This break is important to get up. Walk around. Take some deep breaths. Get a glass of water. Use the bathroom. It's important so that you're not sedentary. That you're not telling your brain to go to sleep. When you sit still for three hours, you're just-- you're telling your spirit can flow out of your body and your brain goes to sleep and we don't want any of that. We want you present.

Get up. Take some deep breaths. Maybe step outside, use the bathroom, get a glass of water, maybe it's time for you. I know for me I'm going to have a little piece of fruit. At ten and three, I'll have some fruit that keeps my blood sugar really stable. Little strawberries or something. So, that might be something that you also want to do.

Just mid morning and mid afternoon; half a piece of fruit or a little four ounces of fruit juice or something. No sugar. Just the fruit itself and that might help you too. Okay. So, here's the break and we'll be back shortly.

[Break time starts on 01:00:00 and ends at 01:09:10].

Okay. I'll come get you when you say momma. Okay, sweetie. Oh boy. Okay. And I'm back. Sorry about that. That was longer than I intended. But let's see. Ninety-nine percent. So, we're just about there on this chart and then we're going to be going on to cellular neogenesis of all of the vital parts of the endocrine system. So, we're just in the last minute or two and little Adelia is munching on her snacks upstairs on her own. Okay.

Kelly, for preventing walk ins, you would just never have a really a sad, depressed moment where you felt like you couldn't go on. I think that that's when they come in. "If you're sad that some people are incapable of enjoying children's beautiful energy, what's not to love about happy souls spreading joy and love." Exactly. "That's horrendous. It's unimaginable to me that anyone would act that way."

"Should we do meditations in addition to pumping that walk ins out?" No. I think that thing is with walk ins, the way I teach it, if you clear them like five different times because they were invited in. The one thing you want to know is that they're a little bit

different than spiritual interferences but if they won't leave, then you definitely pump them out.

We pump them-- we request that they leave and then pump them out. They keep coming back because they've laid a track. So, you keep coming back four or five times. After about the fifth time, they should stay out. They're really making sure that your resolve is clear and if you've had a lifetime where you had the death is better program running quite a bit and we just did a big clear out on that, that's what really lets them in is the death is better program. Like, well, maybe if they just leave then let the body live, I'll get to take over.

Dawn, "Is it okay to do doorknob and regular pump and flutter while laying down?" You really shouldn't be doing any of that laying down. Yeah. I just wouldn't recommend of any of it laying down. It's much better to sit up. You want your spirit in your body and when you're laying down, your spirit is floating above your body.

"Thank you for clearing my mother and father's prophecy entitlement. Love you." Oh you're welcome, Agnes. Anelie, "May I clear mother prophecy on my eighteen year old daughter?" By the way, if we do finish this chart when I'm answering that question, we're going to immediately start going into cellular neogenesis. But I can stop right here. Lots of good comments coming in.

And we're going to go into cellular neogenesis now. And we have already prayed, so we've done that beginning part. The prework is to do the clearing. Okay. We're at ninety percent still on that the other chart. Let's see. Is it every body at ninety-nine? Oh. Okay. There's eleven people who haven't quite cleared yet on the clearing chart.

So, we're going to do just a little bit more on the clearing chart for the eleven people. Oh great. We have almost a hundred people of the hundred and seventy-five people live. So, that's great. And then we'll move in to cellular neogenesis; another minute or two.

Yes. Okay. So, that's a good question, Anelie. I'm going to come in here. If you're a parent and you put on an entitlement or mother's prophecy or predictions just take them off. You don't need any permission to do anything. You know, you were the one who put them there, you could take them back.

I think the other thing I would do with my kids is I would do a karma clearing with them. Chords, contracts, agreements. and karma so that the space is really nice and pristine and clear and happy. Yeah. Help them. You know, I think we can do-- we can do a mother's prophecy. That's really fantastic.

When I talk to Adelia, it's almost every time I change her diaper especially [Inaudible 01:14:15] I say, "Honey, you are going to have so much going on the potty really soon

and you're going to do it really well." And you can do it any area. I talk to her about her wonderful life and how she's going to love school and how she's going to have lots of friends and that-- you know.

Like you can tell them the beautiful things about the amazing life they're going to have. They're going to make a difference and that they're going to be loved and they're going to have a lot of fun and adventure and travel and there's so smart and you can tell them, "You're so smart." You know, so beautiful or strong or brave and all those things I tell Adelia.

Even something as simple as the donkeys came over our house yesterday from next door. They stopped in front of our driveway and wanted to come up the drive way, so I opened up the gate and up come the donkeys with the owner and what I do for Adelia is I make it seem like it's a miracle. Oh my god. I can't believe it. The donkeys love us so much they come to see us. It's a miracle. It's so exciting. We're so lucky.

And so Adelia here-- she can hear me. She's giddy. She's all excited about it. So, if you can wire into them we're so lucky, we have miracles every day. That is a mother's prophecy in the most powerful and best way you can use it.

So, there is a powerful way to use mother's prophecy that helps people help your child to be excited and anticipate life and to know that the miracles are there. That's natural. She's screaming up there because she's wanting the donkeys in a happy way.

Well, they're not here yet, honey. Maybe later. Not right now. I'm just telling everybody the story about the donkeys coming yesterday. Yeah. That was really lucky. So, you can do that and you know, I know that not all of you have toddlers. You have big adult children. You do it in different ways. You just say, "Oh my gosh. I love the choices that you're making." or "You're making such great choices. I so admire the way you work in the world." "I love how strong your friendships are."

You know, "I love how you do your hair. You always have the knack for that." "I love the little doodles you do, honey. You're so creative." You know, you can just constantly be a stream of encouragement and prophesying something good in their life. Something wonderful in their life. That they're loved and they're cherished and that there's seem and their valued for who they are.

Okay. Did we clear everybody? One person left. One person left. That feels really fun to talk about mother's prophecy in that way. That might be a super fun. I've been getting request for parenting classes and that might be a place to start is start with mother's prophecy and mother's entitlement and helping mom's not put the entitlement on or remove them because they may before birth.

And then to work on good prophesying rather than things that would harm or slow or make life difficult. That might be a really wonderful class to teach. I might like that a lot. Okay.

Shaun was asking on the effect of music on the brain regeneration and yeah that would be great. I would say you wouldn't have to just be Bach or Mozart. You can test for the frequency of music and music, in general, heals the brain like playing music also. Like playing the harp or playing the piano. That heals the brain.

The music that does not heal the brain. The music that does not help is like heavy metal which I don't really consider music. If you notice that music brings you joy, that's going to be high enough vibrational music that is going to help. The answer is yes, Kelly. If it's even-- if it's dysfunctional for birth.

For Albert, if you missed a week, that was actually why I did the reboot because some of you, your brain regeneration dropped off and I thought, I think some people have missed their regenerations. I few people have had some more than enough alcohol. There's been some reason that some of the regenerations have slowed down and we want to get a fantastic result, right?

So, Albert, I jumped in right with daily meditations and start right up right now because I've just rebooted everybody. So, everybody should be at a hundred percent again with the brain regeneration. Well, we don't really talk about lessons, Karen. I don't really believe in that in that way. So, an entitlement is something that we agree to.

Just like when you buy the house. It's not a fun thing when you have an entitlement like a mortgage tells you what to do. My mortgage has been sold like every four months. It's sold to another company and then we go through another process and getting everything set up again for pay online and all that stuff. And it's like no body wants that but you agree to it because you want the house. You agree to it because you want the body.

But as you progress through life, it may not be supporting your life. So, you can look at it like an agreement. That's why I recommend as well with entitlement to do the karma clearing.

"I did something got a hold on me class. Would it benefit me to do it again, do you think?" I don't think so, Karen. I mean, you can do it again but you look like you got it. You got the clearing really well. You're welcome to Dawn, and Anelie, you're welcome. Ann Marie, "I fell asleep during the break but I'm awake. Now pumping." Good. Great.

Okay. And we're going to go now into pumping for-- quantum pump or double pump for pumping master cells and stem cells. Quantum pump. Basic pump like this is always

used for regeneration. We put that down a bit. Okay. So, quantum pump is the basic pump that's used like this and then the double pump is like this.

And I would suggest everybody do the double pump. We have a whole heck of a lot of stem cells and master cells that we'll be working on and we'll write out of this so we can see percentage-wise where we are.

I need to go up and get Adelia. She's been up there on her own for about thirteen minutes. Everybody pumping and we're going to start the regeneration. If some of you have started the regeneration already and so that's what we're working on right now. Be right back. She needs to take her nap now.

Let's say night night to everybody. Let's say night night to everybody. It's time to sleep. Want to say night night? Okay. Alright. Here we go. Adelia's going to say night night and then it's time for sleeping. Okay. Here we go. Can you tell everybody night night? Say I love you. Night night. Okay. Alright. Alright. We'll see you in a little bit. Okay. Come on, sweetie. Bye. Bye bye bye.

Thank goodness for the little mini vacuum cleaners. You know we talk about the golden roomba in the meditations. We have a couple little handheld vacs and there's an explosion and humus and crackers. A hurricane of humus and crackers upstairs so not right now but in a little bit after class I've got to take that little vacuum cleaner up. Okay.

Yeah. Kristy, for the lying down. Yeah. You really do need to be sitting up. You don't have to be sitting up at a tension or anything but you need your spirit in your body when you're doing these activations. It's just not going to work well if you don't. "I was kind of sad and the donkey thing cracked me up." Oh good, Julie.

"Thank you for the new insight in talking about miracles of mother prophecy." You're welcome, Susan. "That's a great idea for a mother's class." Yeah. Actually, I should write that down so I don't forget. I have all these wonderful ideas in class. We got to capture them. Okay.

"I would love a parenting class. So awesome." "How about grandmother prophecy? Does that work?" It could. It certainly could. "I just realized that although clearing entitlements, I didn't clear one from Atlantis. I have a feeling it's key for solving other issues. Am I right?" And that's from Aura. You do have an entitlement at least one. Probably two from Atlantis. Yup. I would definitely clear those.

"If being worried about our children and their future also a mother/father prophecy?" Ilumi, it's very harmful thing to do because you are putting a space of atheist thought for in their space about they don't have the capacity to connect with the divine and get their

information or that they don't have the ability to learn and grow and become the best that they can be.

So, it's constantly putting an atheist thought form, a worry form, in their space which undermines them. It doesn't strengthen them. It undermines them. I've had a tiny bit about and I have to just keep stepping back and taking a breath on that with just being candid with you. We're in an area where it's older white people. I get a little concerned about Adelia and my next one will also be a beautiful brown-skinned baby here.

You know, being overlooked or not treated right, but we will-- I will give her a beautiful education and I will give her a strong moral compass and a strong emotional body and we'll talk about these kinds of challenges and maybe that's part of the journey for her and I is to have a beautiful dialogue about, you know, lower frequency memes and having her understand that because she's going to deal with it in this area.

If we don't move before she's a teenager or you know, a young person when she really feels that impact. Maybe at eight or nine. She doesn't really feel it right now. I do for her. And so that's something that I think. Well, that's an opportunity for us and maybe you can't always protect your kids from things that you can kind of see. Well, this is going to be an issue. I can see that we do get goofy comments.

Not as often though. I think Adelia and I have grown to look more like each other. So, we have kind of similar eye and eyebrow and our mouth and there's stuff about Adelia and I that people couldn't believe that she is my daughter.

So, we get a little less of the nonsense. We have a lot of nonsense in early on. So, it's harmful to put worry in their space. It's harmful to them. You're undermining them.

And what you want to keep doing is putting confidence in their space. I know, and I don't talk about the children I gave birth to but I had some kind of a relationship with the children I gave birth to until about six years ago. Not as strong as I would've wanted and not near as much as part of their life I would've wanted.

And then I-- they decided as a group, the three of them, that they didn't want me as a mother. So, it's kind of a sad thing but I think I'm resolved around their energy being a lower frequency and being able to handle the frequency that I am. So, the children I'm bringing in walk the higher frequency.

Anyway, my son who's not almost forty went in to the military at seventeen and he was just not being supported by anybody. Everybody's telling him he was stupid. His dad was telling him he's an idiot. I don't believe in fighting more war but I consulted with a man that I respect and I said, "I'm concerned for him." He has some learning disability.

He's a little bit slow and then he's in a place, you know, he signed up for tanks and cannons and you have to be johnny on the spot and I'm just concerned for him.

And the fellow gave me some great advice. He said, "Do not undermine your son. You have to stand behind him because he's trying to be a good man and he's trying to find his way and he signed up to the military with that idea in mind that his father was the example. So, he wants to find an example of being integrity and having honesty and doing things morally right."

And sure enough. So, I was the one who sent, "I support you. I understand this is the decision that you need to make. I love you. I'm here for you." For about a year, that was like the most amazing thing. My son-- I was the only person supporting him and it was so important for him that I come to boot camp.

So, I went to boot camp and all the people at boot camp treated me with respect and my son have this new level of integrity and self monitoring and being able to-- I could see how this decision for him was viral. It was so important for him to do this and then have his mom stand behind him and say, "I believe in you. If this is what you're going to do then I'm going to support you in this."

So, I think being a parent and being able to stand behind your kids and trust them and trust their journey and you can talk candidly about, "Well, these are the things that you're going to be looking at but I'm sure you've already thought of them." And you can talk about the things that come across your field but not putting them in space is worry is just like how will you approach this or I believe in you. I believe that you're going to figure it out.

And so like signing up with boot camp, he signed up and the army, they have lots of mentors in the mentor to help the kids make their good decisions and get their bunks made and their things cleaned up and all that. My son's a handcraft. He had to keep everything clean and his bunk have to be tight and everything, so he did it. Okay.

We've done clearing, Julie, and we're on to the stem cell process which we're going to be on for a long time. Doesn't matter. Any meditation and, Karen, we provide-- we're providing some really nice meditations in addition in the-- as each time you fill out your brain survey so that we have a brain study. Every time you do that, you get another meditation to use. So, you'll get some variety.

"I really love your song-- stones. I find myself singing it all the time." Wonderful. You're welcome, Karen. Rodani, "Came in program in this month too. Do I take month one as a replay or wait for the live class?" No. You'll want to take the month one. Please, maybe you can get that done this week, Rodani. That would be good. "Everybody said night night." She's kind of still 'da da da'.

Now, you can sit on the sofa. You don't have to sit up straight. I just want you in your body. "Can we sing the song?" "Really appreciate hearing about entitlements leaving over from Atlantis and probably over past life. Real explanation. Thanks." You're welcome, Patricia. "If I hear the entitlements chart. If I clear the entitlements chart will that clear all my entitlements permanently?"

It should. But say, Karen, I found an entitlement with my mother that was not clear to me had my chart said it was cleared but I found out. So, you know, yes. I mean they're not going to come back the ones that you cleared but you might have ones that you don't know about. So, you want to just keep open to is there anymore, is there anymore?

"You really touch me with the story about your son. You're such a great person." Oh thanks, Sabrina. "Loving and power gift to your son." Thank you. Thank you. "It is my husband's problem which causes problems to my children and grandchildren and I clear it." Yes, you can.

"Did you have coffee this AMJR. Not quite so fast. Please." No. I definitely did not have coffee, George. We have a lot to talk about today though, don't we? "Julie, could you explain how the master cells and neogenesis work with assistance as to supposed to a single entity?" Well, we're doing all the parts, Tommy. "Thank you for sharing your son's story. It's an inspiration." Sure. Okay. Alright.

Let's do this which will be kind of fun is let's make our list and see where we're at with master and stem cells and each of the different parts. So, we'll do that right now. She's in there singing 'night night night night night night'. So funny. Sorry. Some of you were probably on the phone when I went 'no'. She was just starting to change the screen. She gets on the computer. She runs away from, Adelia, and I just stopped her before she just turning everything off. So, if you heard me shout 'no', it was preventing her from doing something. Not good.

Okay. So, here is we're going to do. We're going to do pineal, which we are doing right now. So, we're doing master and stem cells, right? Okay. Pineal gland, pitu-- oops. Pituitary, hypothalamus, thyroid, thyroid, thymus. Oops. I don't know. That just never seems to spell right for me but testicles for you guys. So, for the boys-- the boy bits. I don't think that's right. Okay.

And then what we're going to do here is we're just going to take a look and see where we're at on master and stem cell regeneration. So, we're at fifteen percent. Ten percent. Oops. That's ten. This is at a hundred percent. This one is part of the brain and is part of the brain regeneration. So, that's done. That's good.

This is at twenty percent. That's a fifteen. Somebody-- we-- there's probably quite a few of you that are already have done because we do the heart regeneration, I think, three times during the year. So, we do it in different classes. So, this is probably one that is much further along. Are you using-- yeah. I'm showing you the chart that we're-- I will show you the regeneration chart but I wanted to show you where we are.

You guys, you just have to let me a little bit show you things, okay? So, not so much directing from the peanut gallery. So that I can show you how far we are on the regeneration, alright? Okay. Eight percent. One hundred percent. Okay. So, this is where we are right this minute with the stem and master cells. That's what we're doing. We're working on pumping the stem and master cells and we're working on getting them to a hundred percent.

So, that's where we are right now, okay? And we'll go through other parts of the chart faster of the cellular neogenesis. This is the longest part of the process that we're doing. So, this is going to be the longest part of the process.

I did-- Okay. I don't know what's happening but I'm seeing-- I'm putting the charts on the screen and I'm showing them to you and are you seeing-- is everybody seeing me on the screen or are you seeing the chart? There's where we are at. Could somebody let me know if you're seeing the chart now. Just you. Oh my goodness.

Okay. I don't see me on the screen which is interesting. So, let's see. Take that off. Now, what do you see? Are you still seeing my photo. Oh dear. Okay. Alright. Okay. So, I'm very sorry. Looks like what I'll do-- will you all have this because we have it in the member's site. Every single class I give you cellular neogenesis. So, you all have the cellular neogenesis chart. So, why don't you pull that up if you can. The chart has been emailed to all of today's students. Okay. So, you have the chart.

So, we're on the second-- it's the second page which is step one and it's also-- so they've mailed it. They've emailed it to you and we have it in your member's site in every class because we do regeneration on every class. So, looks like there might be a little bit of a problem. I know that I apologize and for the little silly remark about stuff telling me what to do because I had on the screen and could see for myself. I could see. Now, the screen is black. Okay.

Staff, why don't you just make a new link for us and we'll just move to a new link. Cellular neogenesis chart is the same chart that we use every class. Yeah. We don't create a new chart for cellular neogenesis. The clearing charts are always new. Good. Okay. So, what I want for staff is to create a new link so that we can just have everybody see. So, if you just want to confirm either on the chat box with me, staff.

Probably time for everybody to do technology tune up, right? But just kind of there. I think it's tech one hundred. Creating. Okay. So, they're creating it. They're creating a new link. Yeah. I'm at the desk and I'm pumping away. We got the teddy bear picnic right here. Adelia wanted me to read. She thought that would be the best to do in class would be to read your some stories. She brought Max the brave which is her all time favorite book and the teddy bear picnic.

So, and then these are her very noisy squeaky shoes. Oh. They're very dirty. There are there. Very noisy squeaky shoes. So, I am definitely sitting here at the desk. We're getting a new link to you, so we have just a couple of minutes of continuing to work this way and then we'll have-- we'll be able to kind of do the back and forth with the images. It seems like in this window isn't letting us do that. Okay.

So, just put your mind at rest whether you got the email or didn't get the email. You have it in your member's site. It's the cellular neogenesis chart. So, the chart that we do in every class and I put the numbers up at where we're at right now with master and stem cell. So, pituitary down to testicles. I put that in the chat box for you guys.

So, just put your mind at ease and just keep pumping. Keep doing your quantum or double pump. Double pump would be the best since we are covering so many things today. We're doing great.

And there's nothing wrong. Like I said, when we have so many new people coming in, it does affect our technology and it's okay. It's alright. We have the phone lines. We have the member's site. We have the email. We have, you know, we have a lot of choices. We have the chat box always going. So. Momentarily, very shortly, we'll have a new link and we should be able to do screen sharing with the slides and the different documents.

Yeah. I'm not putting a chart up, Agnes, because the sharing isn't working. So, nobody needs to tell me anymore. We're making a new link for you. We're going to open up a new window in a minute or two. It takes a couple of minutes for them to create it and in the meantime, you're going to see me having a cup of love tea.

When you drink herbal tea, that counts as water. When you drink caffeinated tea, which I was doing earlier, that counts against water. So, you have to double up your water if you're having caffeinated tea or coffee. That even includes decaffeinated coffee because it's half the caffeine but it's caffeine.

Yeah. She is on a mission. She is going to teach you guys. You know, I don't know. Maybe three or four years from now, she'll have her own training. The Adelia Rose training and she'll do this crazy thing and then she'll talk to you in sign language and then she'll read you a story. She knows how to go 'a do'. She knows some of the words

in the books now. 'Boo' and 'a do', and she's so funny. So, she has this 'yipee'. So, when we get to that part of the book, she tells the story.

"I'll sign up for Adelia's class." Give her a couple of years and she'll be teaching. I'm sure. I'm sure we'll have an Adelia Rose class. No. You don't need to look at the chart. You look at once. When you look at it once, that's it.

But honestly, if you intend, because we've already cleared the big chart. If you make the intention that you're activating the master and stem cells, pineal, pituitary, hypothalamus, thyroid, para-thyroid, thymus, heart, stomach, pancreas, liver, adrenals, ovaries, and testicles. We just make the intention. That's what we're doing and that's what we're doing.

Okay. Sounds like Adelia's got a following. Well, why don't we-- I know we can't do this really in an easeful way but while they're working on a new link so that we can do a screen share, why don't we-- let's see. Here it is. I'll put one of the songs up in the chat box and we can sing the song together. The songs-- angel's call. It's a really small one. So, it probably fit nicely in the chat.

Alright. Let's see sing a song together while we are waiting for our link to arrive. "Angels call while we are sleeping, Riding through the waves of dreams, Keeping safe our mortal bodies, While we play in astral seams. Beams of light flow from their bodies, Showing us a glimmering mirror, Walking to the world of wonder, Leaves behind all doubt and fear."

"Angels call while we are sleeping, Riding through the waves of dreams, Keeping safe our mortal bodies, While we play in astral seams. Beams of light flow from their bodies, Showing us a glimmering mirror, Walking to the world of wonder, Leaves behind all doubt and fear." Let's see.

Here's another one we can do. Soon as I get the message that we've got new links, I'll let you guys know. In the meantime, just keep pumping. We're working on the stem cell activation. Okay. And we have technology and you coming up really soon in just link thirteen days or something. Twelve days. So, please sign up. Please sign up. It's going to be well worth it.

"I got the new links. Thanks." Oh okay. So, maybe they sent me a message. Okay. So, I am going to-- staff, please grab the chat box so that we have it. And I'm going to sign off here and I'm going to come on the new link now. So, everybody go to your email and you can sign out of this one and you can sign in to the new one and I'll see you in just a minute on the other side and it'll be spinning until I get it started.

I have to go through five steps to get it started. So, it'll take me about two minutes to get it started and you-- so, you'll see either like we haven't started it yet. So, don't worry about that. Just wait there patiently for me and I'll see you on the other side.

Hello. Let's see. Lots of people signed in already. Fantastic. Alrighty. Oh goodness. Many of you beat me here. There's thirty-five of you already in. Good job. Alright. So, let's keep working on the stem cell activations. So, I'm going to just show you what I showed you before. Let's see. So, first of all, where we are on the chart. If we're here.

So, we're still in step one. We've done the prework already which is the clearing and prayer. So, we did clearing and prayer and now we're in step one. So, prework and then step one. So, that's where we are.

And then let me show you next. Where we were about ten minutes ago on the smaller list which you didn't see apparently. So, that I wanted to make this list so that we would know where we were as we progressed. Let's see. We need to put that one down. We can look right now and see where we've-- what we've appraised on pineal.

Twenty-four percent. Fifty percent. Thirty-five percent. Seventy percent. Forty percent. Ninety-percent. Seventy percent. Thirty percent. Twenty percent. This is a hundred percent here. Okay.

So, that is where we are in the process of master and stem cells. We'll be working on this until we get all of them to one hundred percent and for the fellows you are good to go on the boy bit and the hypothalamus is at a hundred percent. We're close with the heart and stomach. It's close to things that we've done before. Those will show up sometimes faster.

Yeah. Master and stem cells. So, this is what we're working on-- master and stem cells. Adrenals are down here. They're at twenty-one percent. The answer is yes, Anne Marie. Okay. So, we're going to go back now to-- let's just do more singing. Let's just lighten up the energy a little bit after having a little bit of difficulty with the technology. Let's bring some joy back in.

"In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am. In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am." Okay. And the stones. But I did put a few songs into today's class that we have right here. That's easy to get. Okay.

So, clearly many people want to do talk about calcification. Just understand that right now, we've been in problem energy. If you want to complete the regeneration on time and finish in an hour, we have to get the energy up. So, if you want to stay with problem

energy which is calcification and I can talk about that in twenty or thirty minutes when we've lifted the energy. It would be such a better choice than doing it right now.

But if you really want to keep talking about problem energy, we can do it. We probably won't finish the endocrine system. I'm not scolding you. I'm just telling you reality is when technology went down, your guy's energy went down and you were in a little struggle. And to get your energy back up, what I've been trying to direct you to do is just to sing a little bit.

So, just know that we have choices and I will address calcification but that wasn't what I wanted to do right now but I see three or four people kind of jumping in on top of the others. Saying, "Yeah. yeah. Yeah." So, can we just sing for awhile? Just sing and get the energy back up for out of problem energy. It would be much better. It would be a much better path for us. Okay. So, we're going to do the stones.

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. At dawn I walked in a circle of stones, A soar temple to me yet unknown, 'Till the strength of the first morning light, Shown the power of the Stonehenge stones. They grounded the energy of this place, And held us together in a loving embrace, While beings of light danced above the space, Bestowing on us their wisdom and grace."

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. The Avebury stones were laughing at me, Taunting me tempting me dancing with glee, Playful stones make love to me, In the circle of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones."

"The heavenly chambers from days of old, New Grange stones were a circle to behold, I knelt in prayerful reverence, For the power of the basin stone. I touched my forehead to the rock, It filled me with bright light and talk, Of the ancient people and their ways, and the power-- spirals of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones."

"Stones are everywhere we look, Medicine wheels and monolithic books, The wisdom of the circle flows, In the temple of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones." Let's do it one more time, okay? I think I do agree with Carol. The momentum is starting to return here. So, lets do it one more time. I'm definitely feeling a lifting of energy. There's a lightness coming in. Let's sing through the stones one more time.

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. At dawn I walked in a circle of stones, A soar temple to me yet

unknown, 'Till the strength of the first morning light, Shown the power of the Stonehenge stones. They grounded the energy of this place, And held us together in a loving embrace, While beings of light danced above the space, Bestowing on us their wisdom and grace."

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"The heavenly chambers from days of old, New Grange stones were a circle to behold, I knelt in prayerful reverence, For the power of the basin stone. I touched my forehead to the rock, It filled me with bright light and talk, Of the ancient people and their ways, and the spirals of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones."

"Stones are everywhere we look, Medicine wheels and monolithic books, The wisdom of the circle flows, In the temple of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones." That felt good. That is really good.

Okay. Alright. I'm not sure if you're looking, Martha, at what I've got here, but let's see. Martha, you might be looking at an old chart. But something we put in what we're regenerating. I didn't do that today though. So, I don't see what you're talking about, honey. I think you're looking at an old chart.

Alright. You know what? Martha, you're just looking at an old chart. That's all. I think you're looking at the chart for regeneration of forehead, eyes-- whatever. I'm not sure. That might have been from the beauty program or something. I'm not sure. Oh dear. So, they mailed out the wrong chart. Interesting. That's pretty comical. I don't know why it did but okay.

No. I sent them the right charts. This is what we're working on. This is the correct one. Can regeneration chart? Okay. Alright. Well, you do have the correct one in the member's site. I'm not sure why my tech team sometimes the support team accidentally sends the wrong thing. That's happened a few times lately. So, there might be something astrologically or cyclically that's causing a few problems to come from the support team. I'm sure.

Yeah. We're on page two right now. We're not on page one. I'm not quite sure why you guys are looking at page one. We've done page one a long time ago. Okay. And I do

have it in front of you in the screen. I'm hoping everybody can see that. Can everybody see it? Okay.

And now, we're going to just take a look and see with that lifting of energy that beautiful going through the stones twice. We're going to see what's next here as far as how far we've come. So, pineal.

Okay. We're doing good. We're doing really good. So, should be able to get this up in the next fifteen twenty minutes and then we'll move on from there. And if you would like this, there's the details of where we're at right now. Okay.

We're back in problem energy again. Do you guys realize what you're doing? Do you realize that you're going into the chart you were sent and then you're talking about problems again and we're lowering in the energy. I'm showing you the chart on the screen and you're getting distracted and I wonder what that's about.

So, let's talk about hormones for a few minutes as what that means to you and let's stay with kind of the excitement and the uplifting part of cellular neogenesis. Really the miracle of cellular neogenesis. Maybe what I should do is start with where it started from. So, I want you to keep pumping as I talk to you and tell you the story and I want you to let go of the tech team made a mistake and sent you the wrong chart. I want you to just let it go. It doesn't matter. It doesn't mean anything. People make mistakes. It doesn't matter. We forgive them. It's over.

Let's stay with the miracle of cellular neogenesis which you have the proper chart in your member's site and you have the proper chart when I'm showing it to you on the screen. So, just let go now. Okay. Good. And I think, you know, I do think there's probably something astrologically going on but let go. I don't care. We just don't care. Because what we're doing is creating a miracle in your body and that is amazing.

So, I was extremely sick and really I told my oldest daughter who's now-- let's see. She's forty-- let's see. I had her in seventy-seven. Forty something. She's forty-two maybe. I think she is forty-two. And I told her I made a will and I said to her, "Anything else happens to me, I'm just going to let go. I don't want any life saving." Yeah. I think, technically, though. I think she's forty-two. It's like what part of the year she was born in because she was born in January. I think she's forty-two. She's definitely forty-two. Okay.

Anyway, okay. Let's tell-- let's stay with the story. So, I told my daughter, Brita. I said, "Brita, anything else happens to me just pull the plug. Please, no life saving and I'm not going to hold on." Because it's been too much of a struggle and she said, "Well, I don't want to let you go, mom. I'd like you to stay around." And for whatever reason, that's what came out of her mouth.

And it got me thinking that there was a reason to stay. Maybe that was just came out of her mouth because I needed to stay for all of humanity and I need it to hear from somebody that's somebody needed me or wanted me or my presence was important on the planet.

And a week later, really thing about I thought, "God promised me the garden of Eden. I know that God promised me the garden of Eden." And I always felt like I was here for a reason. I felt like there was something I was here to do but I was in the Maya. I was in the illusion of the life in front of me. The veil was you know, there. So, I wasn't seeing the whole mission of the life but there was this thinking on my part.

God has promised me the garden of Eden and I'm living in hell on Earth. And every other year, every year, I have some horrific disaster. And it's either some terrible thing that I'm supposed to not be able to survive or it's you know, an assault, or it's running over-- being run over by a car or it's some horrible thing happens. Like I've had enough of horrible things.

So, I went in to the garden. My own little garden. It was in my condo and it was this tiny little like six by nine garden space and I go there every day. God take me or make me well. You promised me the garden of Eden and I'm living in hell on Earth. And I would chant and I would pray and actually the very, very first day, the transformation at about the second hour of chanting.

And it was stimulated by me knowing and having gone through the place where Buddha-- I sat under the Bodi tree where Buddha experienced his enlightenment. Actually, it was an ancestor of that tree but right in that spot where Buddha sat for forty days even though he was told that he was a wealthy prince and he could not become enlightened. He said, "I don't believe that. I believe that everyone could be enlightened."

And so he sat there and meditated and prayed and awakened. He awakened. And I was doing the same thing although I was not well enough to sit out there night and day. I would sit out there for three or four hours and chant and pray and I was doing the I believe that this is from me, God. I did that for two weeks. But the very first day transformation was at hand.

Many of the songs that we sing and the mantras that we do are the same as I sang in the garden because they're my songs and my mantras that I brought back from India. And pray with my whole heart. I feel like I'm supposed to do something. I stopped willing to live in crisis and having my body breaking down and falling apart and having a horrible tragedy every minute. I can't live this way.

And the very first day, my mind's eye, I was chanting and praying. I begin to watch a master cell and my stem-- in the center of my head. I was watching this master cell in

my mind's eye. I was watching it as it was transforming. The hand was doing a movement. It was starting to do the quantum pump movement. While I was chanting, I was watching what was happening in my mind's eye.

And that master cell probably the first master cell. Because the master cells develop over about seven days when we're a blastocyst. And that means that we have, you know, we start out with an egg and a sperm and that breaks apart. Starts dividing cells and those cells become the master cell that's formed the body that have all the information about how the body is default.

And so my mind's eye, I could see this master cell and it was very, very thick and it was going to this amazing state and it adds-- it transforms into this pulsing blue orb and it was breath taking. It was more the breath taking. I burst into tears as I saw this and I was aware that not only my spirit was god which was an illusion that I had that my body was also god.

My body was also part of this field of oneness and it could transform in an instant and it began to transform. In that period of time, where I was chanting and praying, the pain-- the unbearable pain that they could no longer treat, they had given me a thentadol patch, nine vicadin a day, heavy, heavy two thousand milligrams of anti-inflammatory [Inaudible 02:24:40], tranquilizers to do the unbearable nerve pain.

They gave me some hormones to try and deal with the pain. I've done a lot of medication and at that point shortly before that I said I can't be in medication anymore and so I was just doing with being in unbearable pain. I was walking with canes to walk and they said, "You're eventually going to be bed-bound. You can't live this way."

The mycoplasmas had eaten away all the nucleus of the cells of my body and so the pain receptors were on full blast. That year, I've had cervical cancer and they've removed my uterus and ovary and Fallopian tube and cervix. They took everything. You know, they cleaned me out. My mom's-- you know, description was cleaning out like a pumpkin. I don't really like that description but they took all of that illness out of me.

There was just-- they just said it's going to continue. I mean it's scary to them. I was exposed to the atomic bomb radiation and my thyroid has got burned out and now my uterus is gone and it was just going to keep clinging. The radiation poisoning was going to keep cleaning out my insides that I could not live this way and I agreed I could not live this way. It was too horrible. It was too hard.

And so the praying was bringing in the light and it wasn't in the hard part of it, it was saying, "I want to be here and I want to be in the light and I want to feel good and I want to enjoy my body and I had no intention of you know, laying in bed the rest of my life." And I need to walk, and dance, and run, and I want a big life. I want a joyous life.

And I think I had to be really clear that I wanted to stay so that's like during that death is better thing out of the way. Death is not better, but I'm not willing to live this kind of life anymore. I'm not going to suffer anymore on that level. And as I was chanting and just feeling the goodness of god and the love of the angels and the divine beings and the spirit guides that we call gods and goddesses from India.

I call them spirit guides and saints and sages and just feeling this support and the celebration stepping up and saying, "I don't want to live this way anymore and I'm not going to do it anymore." We're not going to take it anymore. And what was so amazing is that was probably the one thing I needed to do to remember who I was and to step up and all of the sudden my energy vibration, my frequency, shot up. I was no longer vibrating at like the normal matching everybody else. This frequency was going up really fast in my energy frequency.

And my cells are regenerating and within six months I was running thirty miles a week on a mountain trail. I was dancing on stage again with the rock and roll band and I was looking my life without taint and I-- you know, they were definitely things that I needed to overcome and I've continued to work on that. It's been probably ten or twelve years now working on that and things just keep getting better and better and better and better.

And that is cellular neogenesis. Cellular neogenesis is rebuilding the body from the inside out and then what we're really asking in this year, in 2018 is not just the grow younger that we've talked about which is going the health of the organs but literally, what is anything is in the way of us literally being thirty years younger than the driver's license and agreement-- the group mind agreement-- that we have.

Like what, if anything, holds us back. Patterns, programs, spiritual interferences, toxicity, all of these things. We're on a mission and we're going full force this year. If you noticed the classes that I've laid out for everybody, the careful explanations I gave people. The careful clearings, the blasting I do for you guys. Keeping you over class time almost every class because I want to make sure that you get to zero. That is what we're up to. That is what we're working on.

We're working on literally being younger and yes we are continuing to clear out and clear out and clear out. And regenerate, regenerate, regenerate, regenerate. This program is the program. It's the exclusive program. Nowhere else in the planet that focuses on regenerating the entire body over a year. You can't find this anywhere else. I promise you. This is the one place you can find this program and you are here. You are here.

So, that is what cellular neogenesis is all about. Last year, about maybe nine months ago, I made that chart for you guys to understand on a deeper level in writing. Not just from me using my mouth and saying something but in writing. You could understand

what the process of cellular neogenesis is and how it works. But there's also the trusting the faith and believing that this is also possible for you.

And so yes, our minds would like to get in there and understand it and so I understand and I've written good explanations for everything for you but I also think there's a level of staying in love. Staying in that high frequency because you can't force regeneration. If you're on a low frequency, I can promise you not a lot of regeneration is happening. You have to stay in that high faith and love and trust and that's where that opening happens.

And we've already covered some of the things that might keep you from having the fullest regeneration and they're all things that are very much-- things that you can clear for yourself like walk ins and entitlements and sleep invaders. These are things that you can clear and you can have the full regeneration. What I noticed today as I cleared the mother entitlement yesterday and I was just checking because I wasn't sure if I've gotten a hundred percent through. Apparently I have.

I don't know if you can see this but my skin is different. Can you guys see that. My skin on my neck, on my hands. The hands haven't quite straightened out yet but I was looking at my hand. Yes, there's still a few wrinkles in my hands but the skin is different. The skin is different. The skin on my face is different.

So, you know, my body wants the regeneration. You were going too together. Find the blocks if you have some and we're going to get your younger and healthier and feeling better. The whole notion of regenerating the entire endocrine system is spectacular because what happens is your chemistry-- which we're going to work on next time-- supports you in being younger.

Do you know when you have an enough testosterone, you have good muscle tone. Did you know that? And women, you get the testosterone from your ovaries and your adrenals. So, gentlemen, you get it from your testicles and your adrenals. There has good progesterone, you have nice skin. You know, there are a thousand or a million ways that the endocrine system and all those hormones really support us on being young and healthy and beautiful and vibrant and energized.

Testosterone give you energy. One of the things that women don't really look at and you know and think, "Well, I don't know." We do do clearing of the momentum and power and things link that. But also you need testosterone in your body and if you are on zero and men you can also have that problem when you get to be in your late sixties and seventies. Testosterone can kind of disappear and you just kind of turn in to this soft kind of flabby thing or this kind of-- there's no muscle left or it's just robey muscle. Kind of old muscle tissue that was there that just turned robey.

You know having the testosterone-- actually, for ladies, it's one of the things you need to like get out in the world and to work and to have momentum. Maybe just finish writing your book and follow through. It's amazing but that's one of the things that testosterone does is it gives you that 'umf' you need. The drive you need. You don't need a lot of it but we need some, ladies.

So, if you've had your ovaries removed, that's alright. You know what? I'm going to tell you that even if you've had things removed like I had my thyroid removed and I had my ovaries removed, I do produce thyroid. I take a tablet. It's thirty-five percent less than I took last year. It's a thyroid tablet. So, it's thirty-five percent less than what I've been taking for a really long time. My ovaries do produce progesterone and estrogen.

I actually had a test done a few years ago but the guy who was reading the test said, "Looks like you might be starting menopause." I'm like, "Oh okay." He said, "Well, you've got pretty good muscles. So, if estrogen and progesterone." And that's with no ovaries and no uterus. So, just know that on the spiritual ovaries and the spiritual thyroid, so our like our blueprint that exist there. Because they only have removed the physical part-- can produce chemistry also.

And then the other thing that kind of happened is that if you work on it, which I think I did, because I worked on my thymus and my thymus produces some of the thyroid cells. The T cells-- T three and T four-- the thyroid's here and the thymus is here. They're really close to each other. So, I was working on getting my thymus to make up for my thyroid.

So, understand that there are a lot of ways that miracles can happen. And one of the ways is that a gland or organ can actually regenerate or grow even if it's been surgically removed. Another way is that the nature of the gland or organ has been surgically removed can activated in the blueprint. We can activate the chemistry and I don't know if we can activate to a hundred percent but we can get that chemistry going in our body.

So, I just-- great. Oh. New Lee. I don't know what that meant but-- Oh. It's Julie. So, yes. Chia seeds can increase testosterone. That's good. And we're going to actually increase testosterone in all our ladies and men next month. So, I want you to be knowing that even-- I remember stories about mother Mary and there was a fellow who had some marble. He was carving a statue to Mary. Chipped his eye and he went blind in this eye, and Mary healed it with this water from Mords. He put the eye-- water in his eye and he could see perfectly.

But the actual appearance of the eye didn't change but his vision became perfect. So, sometimes something will transform and it'll go back to looking or functioning like brand new and sometimes the function will go back but the appearance won't.

And then sometimes, when nothing is there, there's also the possibility that the blueprint you can activate the spiritual aspect of everything because there's this spiritual overlay of everything and you can get chemistry out of that.

Like I said, endocrine system is a very extraordinary system that it is all the glands relate to each other. And they try to make up for if there's a missing team player. The other glands try to make up for the missing team member and they will try. They will do their very best.

Our glands and organs in the endocrine system has great intelligence and they will do their very best to make up for improve the body, so the thyroid got taken out then other parts of the body in the endocrine system are trying to produce or help with the function of.

They told me that I would that in about six weeks if I didn't take thyroid medication. That was an interesting experiment because I went for a year and half without thyroid medication. I didn't die. I gained some weight. I got kind of bloaty looking.

But there was no death happening because-- and this was when I was thirty-two years old. I tried this. I was like, "I don't believe them." I just don't believe them. I don't know what my body can do but I know that I'm not going to die just by not taking this medicine.

But they said, "You can't live without your thyroid. You're going to die." What I've discovered when I've done experiments on myself is that there's a lot of misinformation and kind of fear tactics in Western medicine that we just don't-- really we have to test of our self. I'm not telling you to do something dangerous. I'm not.

If you have a confidence in your body and then knowing that your body can do something, it's going to do it for you. Because what the mind can believe, what it can imagine, and really believe. Like I just I don't believe them. Like the doctors told me, "You're never going to run again. You're barely walking at this point and certainly you are never going to dance again. So, stop upsetting yourself thinking that any of this is going to come back; it's not."

And I fired all those doctors. I actually didn't see a doctor for about nine years. After that, because they had no faith in my miraculous system and I am a miracle and I know that I'm a miracle and you are a miracle.

And we have to believe it in our self. We have to believe. I think when we're talking about believing in our children, we can also believe in our glands which are our children. Our glands and our organs. We can believe in them. We can have faith in them. We can

Speak prophecy into them about being miraculous and regenerating and growing younger. We can prophesy into our body and we can speak to our body as if it's a child.

We can speak to each one of our parts as if it were our child. We can love our self on that deep, deep level. That level that allows us to transform in an instant and why we don't transform in an instant. Why does it take months and months. Because we don't have that safety yet. We're building that faith. We're building that courage. We're building that strong belief that something can shift for us.

I get it. It's perfect and we're doing it at a beautiful pace. But when you get to that place where you love and speak and prophesy into you, the miracle of you, you will transform at a very, very rapid. It's not instant based. Okay.

We're going to look at the chart now. You don't need to ask me about the chart. I'm always going to come back to the chart. So, I know there's some of you who feel that you need to ask me and I appreciate that you feel that you need to ask me but you don't have to. I don't forget about the chart ever.

Okay. So, we're going to look at this. Yeah. We're going to look at this now. So, this is a hundred percent on the pineal and my talking, when I talk about things like this, if you allow this to shift you, it will shift you dramatically. So, just understand that this is equal or even more than singing.

So, if you allow-- if you really listen, if you open your heart and you really listen and you hear, "Oh. That happened. And this happened and that could change or it can change this way or it can change that way." I felt-- I fell skiing. Let me come back on the screen for just one more minute and talk to you. For one more minute.

I fell skiing and I crushed thirty-five percent of my L one. That controls your ability to walk. To add insult to injury, I crushed my L one. Do you know what? They put me in a full body brace. It was-- didn't. I was horrible. I was in it for four months. It was terrible. They took it off and they said, "Well, you made you crutches so don't wear the brace anymore."

And I have never had a problem with my back. It has never caused my pain. It does not hurt. The government gave me a permanent disability plaque because of-- they really didn't I would walk because L one controls your ability to walk. Well, look at me. I'm carrying my thirty pound baby and lifting her equipment into the car and groceries up four flights of steps. I had zero problem with my back. Zero.

So, just know that what you're being told may be an illusion. May not be real. And on the X-rays, the last time, which was-- I don't let them x-ray me anymore. But the last time they could see that that was missing. They just didn't-- I had a chiropractor did it they

said, "Well, that's missing. That's like thirty-five percent. There's a huge part of your L one that's, you know, crushed."

I said, "I'm aware of that." They said, "But you don't have any back pain?" No. "You don't have any difficulty walking?" No. "I never heard of such a thing." Okay. So, we can-- and what I was working on in the spine was growing it back in the supple spine class. You know, your miracle can come in many ways.

Okay. This one we got to pound down a little bit here. That eighty percent. Oops. Looks like eighty-five. We've got a few left here. This one's at a hundred. This is at ninety-five. This is at eighty-five. This is at a hundred. Ninety-eight. So, you can see where we're at on the regeneration of the master and stem cells.

So, we get the master and stem cells to a hundred percent which we should be able to do in the next few minutes. We're almost there. We're very, very close. We're in the homestretch here. Okay.

So, clearly. Some of you would like to talk about calcification and I don't recommend using anything for decalcifying. What we have done and had amazing success is just do chopping. What the mind can believe and conceive, it will accomplish. Again, we say that again.

So, just doing chopping and you're imagining the calcification leaving. You can do a chart. Right, permission, and ability to clear all calcification from the body from surrounding my pituitary gland which some people have. Some other places occasionally. Removing and then you can do the removing from the nature of. You could create a chart. I don't recommend using products from taking calcification out.

And George on question on Borax, it's eight percent good for you. So, I would not do it. Don't do it. It's not a good idea. Altering, amalgamated, compulsive, damaging, delusion, disgust, evil, parasitical, and suppressing. So, those are the things that would be part of the clearing statement and then you could do chopping. And you might do chopping everyday for twelve minutes. Every day. Twelve minutes.

Visualizing clearing it. You see the glands. You might get an image from like Wikipedia or something of the healthy gland and you don't have any calcification. You don't look an image of calcification. You look at the healthy image and you chop. You could do that like thirty time. So, ten minutes. So, over a month. Ten or twelve minutes with imagining that chopping. We should be able to clear it.

We can clear calcification a hundred percent. Sometimes, it takes some time. You know, these are things that it's kind of clearing bone but it's also what I've been talking about is when we're in that place where we truly have-- not magical thinking-- but a

knowing. That a transformation happens with our love and so I'm just encouraging you to keep your energy high. Not focus on the problems but focus on the result.

Perfect. Okay. We'll get back to you, Kelly. Can support please put the spine-- supple spine link in? There's several people have asked for it. I can do it but I'm not seeing it go in. [Inaudible 02:49:24]. Oh there we go. Okay. Yeah. I know, Tommy. It keeps the cells correct. It keeps changing it. Sorry about that.

"I put it in and it goes back." Okay. Oh thanks. "I feel so much better." Okay. Yeah. Yeah. I see that, Kelly. Good. Good. Okay. So, we need to be shifting like now. Let's look one more time. We need to start with the next level. Okay. So, thyroid's at ninety. Okay. One hundred. Adrenals didn't shift yet. Okay. Look close. Look close.

Just a reminder to everybody, please, today, tomorrow, over the weekend, fill in your brain survey. Please, please, please and get your new meditations with it. You get a thirty dollar meditation with that. For everybody who can please sign up for the tech class. The tech technology, a new class. We're giving you a hundred dollar discount. So, that's tech one hundred is a discount code. It's a two ninety-seven class. We've giving everybody the class for one ninety-seven. So, please do sign up for that.

Oh. And then-- let's see. I got-- Probably quite a few of you that are in the beautiful class. Beautiful from the inside out is simply beautiful program is incredibly spectacular. So, if you are at all considering that and you need to you know, ask me a couple of questions, please send to support. We want-- we really want sixty women to go through this program.

I think we have one fellow right now. I think Albert might be in. I'm not sure. Shaun has gone through it and Trevor's gone through it. So, it's a woman's program but you know, we don't-- we're not prejudice. So, just know that it's designed for us to be a ladies program. But we would really love to see sixty women got through that class. So, that would be amazing. We have forty-three right now enrolled in the beautiful program. Beautiful. Simply beautiful.

That is also really working on the skin and weight-- ideal weight. Thank you, John. Wonderful. That's really good. Oh good, Kelly. Well, Julie, that's beautiful. Kristine and Kelly got the bonus meditation from filling up the form and have this beautiful experience. Please, please I just urge you. You really need the brain study.

By the way, we have stress spilled out yesterday on the brain study and it went to two hundred and ten major new sites across the US. So, we got picked up by a lot, a lot of stuff. A lot of places that's really exciting-- more exciting will be the results obviously.

Everybody did get a reboot. It was on this morning and a couple of you asked. I know a couple of you had your parents in and I-- if you asked me to do it, I did. So, I think it was Flora had her mom and dad in and I just did get them to a hundred percent too.

The roses are growing so incredibly beautiful in garden. I bet you can see this. Okay. Just right. If you haven't gotten your meditation from filling in the form, just right to support. That should just go out in an auto-responder and they can send it to you. Might have gone to your spam or something. I don't know. Sheryl.

Sheryl, just watch in the first ten minutes when I'm talking, you'll get the activation rather than me going back and doing it for you. But I really had intended to kind of give it as the class started. The activation. And how that works for some of you that don't realize just my voice and hearing me that my spirit gives you that activation when you're watching it. So, if you're watching the replay, you'll get it.

So, rather than reaching out. There was a few people who said my parents and then I included them. Just watch the first the minutes so we don't have the brain reboot. Yeah. That's all you have to do. Just the first ten minutes. It's just-- That's what I'm doing in the first ten minutes. Okay. Let's see.

I think we're going to go a few minutes over you guys. It was a little bit-- we had a little bit of low dip and I did ten minutes of brain regeneration. So, we're almost there. We're almost there. Ninety-nine on the thyroid. Ninety-nine on the thymus. Ninety-nine on the pancreas. A hundred on the adrenals. Okay.

Okay. These are all going up to one hundred as we're doing this. Okay. So, we're going to move now on to the next thing and that's mirroring and you can do platter if you'd like to on mirroring. So, I'm going to just put the chart back up for cellular neogenesis and I'll go to the next page.

And of course, this is you know, we did a lot today. We've done a lot and we're not stopping until we're done with getting this fully going. So, just hang in there a few more minutes. We're going to go a little bit over. So, platter. Do you remember platter? It's the hand facing forward and facing in. Okay.

Kelly, you can just choose any of the meditations that I've given you and they're going to be good. The whole deal is to keep you, yourself, in the quantum field. The field of transformation and by listening to my voice and following a meditation. It's clearing out spiritual interferences and it's helping just keep you up in the field in that high frequency for at least half an hour a day.

For the beautiful people, people are doing beautiful from the inside out. You are the simply beautiful program. We're all doing meditation most. I think most of the people are

choosing to do it twice a day. So, I'm starting my day and ending my day with a meditation. Just been wonderful.

I haven't really gone through the program all the details of the program like I'm doing. But I wanted the experience of what you guys are experiencing and so I'm listening to myself. It's good. It's fun. I'm having the experience that everybody else is having. That's a fun thing to do. You're welcome.

So, platter. Another two minutes on platter and then we're going to the next step. So everybody just keep doing the platter for another two minutes, please. We're doing mirroring and that's the reflecting the light of the cell to all the other cells. So, we've got all the stem cells, and all the master cells at one hundred percent in the endocrine system and now, if you could even imagine this kind of a mirroring process to all the surrounding cells.

So, these cells would have been lower functioning cells. They aren't stem or master cells meaning they don't give a direction to grow new cells but they're the worker cells. They're kind of like worker bees where you have you know, or worker ants or something. They're not the magical ones that reproduce but they're the ones that do the job every day. Keep the gland or organ functioning every day. So, they're part of it.

So, we need those mirrored too and once they have the mirroring done then it creates this beautiful environment because now everything is reading at a hundred percent. Then we're repopulating. I've always seen these worker cells as being smaller. Not you know, because they were formed at less function and I always see that these new cells coming in are brighter and bigger. They're healthier and they start at a hundred percent from the beginning.

Alright. And then we're going to do a cascade of new cell growth. I'd like you to do double pump. Goodness. We're going to be doing this for twenty minutes and what we're going to need to do is we're going to start the videos. We're not going to be able to keep the class open for twenty minutes. It's going to be a little bit on the long side.

So, I can-- I'm going to keep-- I'm going to stay on screen for another three minutes and then from there, you still have seventeen minutes or so that you're going to need to do the double pump because we're doing eleven glands or organs. We're doing a lot of them.

So, I'm going to need everybody keeping your energy high. They're going to run some videos for us and we will, as long as you all stay on about twenty-one or twenty-two after, even if the videos run out, just keep pumping. Okay? Just keep pumping. Doing the double pump. It's a lot. We're doing a lot today.

And then the proper chart again is in the member's site. So, don't worry about that. You're going to be able to look at the proper chart as you've seen it on the screen. Of course, you want to keep up your meditations because when we're regenerating the endocrine system, it's the same thing with the brain. We need to keep meditating. We need to keep our self in that high field.

Why meditate as supposed to count pumping? Well, the meditation the process I take you through were the longer ones. One of the things that you're noticing-- I hope-- is that we're clearing out all the channels. The energy channels and this is clearing out spiritual interferences and programs. It's lightening you up in a much more thorough way than pumping where we're clearing-- where we're at something specific. I'll go get Adelia. She wants to say bye bye.

Alright. What do you want to say? Want to say bye? I love you, pumpkin. Did you have a good nap? yeah. Okay. Do you want to do say happy and you know it? Should we end happy and you know it? Okay. Come on. Over here. You have to do it right over here so they can see it.

"If you're happy and you know it, clap your hands. If you're happy and you know it, clap your hands. If you're happy and you know it and your face will surely show it. If you're happy and you know it, clap your hands. If you're happy and you know it, stomp your feet. If you're happy and you know it, stomp your feet. If you're happy and you know it and your face will surely show it. If you're happy and you know it, stomp your feet."

"If you're happy and you know it, turn around. If you're happy and you know it, turn around. If you're happy and you know it and your face will surely show it. If you're happy and you know it, turn around." Okay. Good.

"If you're happy and you know it, clap your hands, stomp your feet, turn around. If you're happy and you know it, clap your hands, stomp your feet, turn around. If you're happy and you know it and your face will surely show it. If you're happy and you know it, clap your hands, stomp your feet, turn around."

Say yipee. Yipee. Okay. Got to say bye bye. Bye. Bye, everybody. Say bye. Bye. We love you. We'll see you soon. Keep pumping. Keep pumping until twenty-one after, twenty-two after. Yes. That's good. Yeah.

[End of Transcription at 03:05:56]