

<b>Style of pump</b> <b>How it is done</b>	<b>What is it typically used for</b>	<b>Parts of the blueprint</b> <b>Most effective on these anchors</b>
<b>Basic Quantum Pump</b> Typically using the right hand (this is one handed) bend the elbow and bring the hand in front of the right shoulder about 6-10 inches out in front. Thumb facing up to the sky, pinky finger facing down to the ground, allow the hand and fingers to be loose, with a gentle rock forward and back.	Regeneration and can be used for almost everything: all types of clearings and restorations. Will not replace the side slide or chakra activation	Essence Matter Energy Genesis Embodiment Amplification  Cords wormholes tubes implants
<b>Chopping</b> Much like the double pump, this however is down with fingers firm straight either extended or held together alternating one hand down while the other is up. Imagine being a sculpture chopping away at a piece of marble	Used for clearings and spiritual interferences The 'big guns'	Perception Matter Energy Genesis Embodiment Quantum Amplification  Embedding seeds wormholes rays Nano quad Alter ego implants
<b>Side slide</b> Start with palm facing out, shoulder height as in platter, then turn palm facing up to the sky	Clears DNA and some timelines	Perception Matter Energy Genesis

and slide across the front of the body with a gentle flutter, as if to sweep of dust on a line		Embodiment Amplification  Cords Wormholes Rays tubes Nano technology Holographic staples Nano novem
<b>ITP Pump (inner thigh pump)</b> This is a mild version of the quantum pump with arm up. The inner thigh pump has either hand pumping in towards the knee and between the two legs while the fore arm is resting on the thigh	Used for everything and used for when the circumstances of any normal or recommended pumping is not possible because of a disability for example arm pain weakness etc.	Essence Matter Energy Genesis Embodiment  Lucifer stops portals vessels mechanisms Starts Rays Nano quad Alter ego DNA splicing Nano Novem Scions Nano bots Nozzle Trauma spring Glangary systems implants Naniet spirals

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