



Year of Miracles

Hair, Skin and Nails

JulieRenee.com

Prayer



**I am free to live a life of spiritual freedom
and full self expression liberated in love,
gratitude and mastery in this body here
and now.**

My spirit is limitless.

**I am responsible for any limits I experience
in this body and have complete access to
the divine through prayer and
contemplation to release myself from any
human bonds I have worn as spiritual
clothing that no longer resonate with my
essence.**

Love wisdom affirmation

Illumination

Opening Blessing A Call to Lighten



Soft the night and sweet the spirit,
Gentle voices call our song,
We are magic we are wonder
When we live beyond the veil.

Human kind please raise your
thoughts
Bring a plane of peace and love
We the guardians of the pilgrims
We the authors of the play.

Hair Skin and Nails

we address the largest elimination system in the body (skin) and improve the hair and nails.

clear programs for all failures and poor hair, skin and nails, remove balding programs as well as anomalies in DNA for poor skin, hair and nails.

All three areas will experience a full regeneration and new programing.



Clearing for Beautiful Healthy Hair Skin and Nails





Regeneration



Regeneration





Regeneration



chant

In the Stillness

In the stillness
In the quiet
In the open heart
There I am

I am essence
I am breath
I am light of God
I am I am

Gather Your Children

Gather your children oh mommies today
And bind them close to you and love them I pray
And give them your heart your time and your ways

Singing oh bonnie mommies I love you this way

Give them the confidence the care and the play
Talk to them daily about their new world
And share with them light from the mystical planes

Singing oh bonnie mommies
I love you this way!





A Call to Lighten

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Goodness and Mercy

Surely goodness and mercy shall follow
me all the days of my life
And I shall dwell in the house of the
lord, for ever and ever amen

All that I am and all that I can be is
expanding from this mystery

Surely goodness and mercy shall follow
me all the days of my life
And I shall dwell in the house of the
lord, for ever and ever amen

All that I want and all I'll ever be is
flowing from this loving seed

Surely goodness and mercy shall follow
me all the days of my life
And I shall dwell in the house of the
lord, for ever and ever amen

Angels Call

Angels call while we are sleeping
Riding through the waves of dreams
Keeping safe our mortal bodies
While we play in astral scenes

Beams of light flow from their bodies
Showing us a glimmering mirror
Waking to the world of wonder
Leaves behind all doubt and fear





All is found

Just when I think that all is lost
And there's nothing more that I can do
When the pain in my heart gets to great
And I feel that I will explode

When all is lost and hope is nowhere
When I find myself screaming in terror
I find my depth, my center, my light
While surrendering to my essence

Grace finds a way to melt away the tears
And a soothing gentle trust reappears

When all is calm and I find myself at one
When chaos is transformed into clarity
Grace finds a way to melt away the tears
And a soothing gentle trust reappears



Speak Softly Gentle Knight

Speak softly gentle knight
Your kindness to reveal
Hold me in your strong arms
And warm my frozen heart

Tell me of legends old
Of Arthur and his bride
Bring stories back to life
Your gentleness exposed

Speak softly gentle knight
Of honor code and rule
The ways of chivalry
Bring to this century

And when I smile at you
Your eyes alight with mine
Your costume and your ways
Speak true of Gelfad days

The Stones

The stones they are a calling me
Echoing through an eternity
Calling out to set us free
The power of the stones

At dawn I walked in a circle of stones
A solar temple to me yet unknown
Till by the strength of first mornings light
Shown the power of the Stonehenge stones

They grounded the energy of this place
And held us together in loving embrace
While beings of light danced above the space
Bestowing on us their wisdom and grace

The Avebury stones were laughing at me
Taunting me tempting me dancing with glee
Playful stones make love to me
In the circle of the stones

The heavenly chambers from days of old
New Grange stones were a circle to behold
I knelt in prayerful reverence
For the power of the basin stone

I touched my forehead to the rock
It filled me with bright light and talk
Of the ancient people and their ways
And the spirals of the stones

Stones are everywhere we look
Medicine wheels and monolithic books
The wisdom of the circle flows
In the temple of the stones
2002

